Inter-professional Education for HIV Professionals Focused on the Four Cs:

CULTURE, CARE, COMMUNICATION, AND COLLABORATION

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The 4C's Part 2: Person-Centered Care

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Person-Centered Care

CULTURE CARE COMMUNICATION COLLABORATION

Part 2: Learning Objectives

At the conclusion of this webinar the learner will be able to:

Define Patient Experience

Define Patient Centered Care

Discuss how to create a welcoming environment for patients

The 4 C's

Culture



Communication Collaboration

The Journey Continues...



Patient-Centered Care Means...

















Polling Question #1

Where do you work?

FQHC Clinic Physician's office Hospital Health Department Academia Other

Polling Question #2

What is your role?

Physician Physician Assistant Nurse Practitioner RN Case Manager Social worker Management Other

Patient Experience

The sum of all interactions, shaped by an organization's Culture, that influence patient Perceptions across the Continuum of care.

- The Beryl Institute

http://www.theberylinstitute.org

Broader Definition of Patient Experience

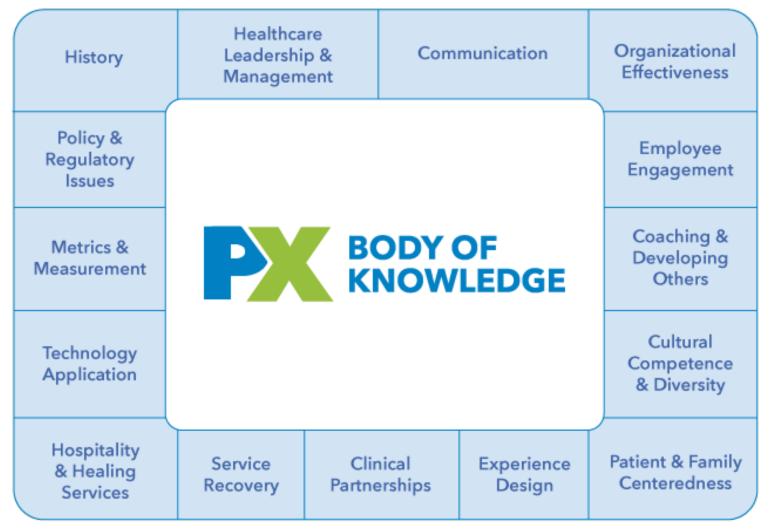
Interactions	Culture	Perceptions	Continuum of
			Care
The orchestrated	The vision, values,	What is recognized,	Before, during and
touch-points of	people (at all levels	understood and	after the delivery of
people, processes,	and in all parts of the	remembered by	care
policies,	organization) and	patients and support	
communications,	community	people. Perceptions	
actions and		vary based on	
environment		individual experiences	
		such as beliefs,	
		values, cultural	
		background, etc.	

http://www.theberylinstitute.org

Patient Experience

Patient PERCEPTION Versus Reality

Patient Experience Body of Knowledge



http://www.theberylinstitute.org

Patient Experience Measurement

HCAHPS

• Hospital Consumer Assessment of Healthcare Providers and Systems

CAHPS

 Consumer Assessment of Healthcare Providers and Systems

CAHPS Survey Domains

Communication with health care professionals

Access to care and information

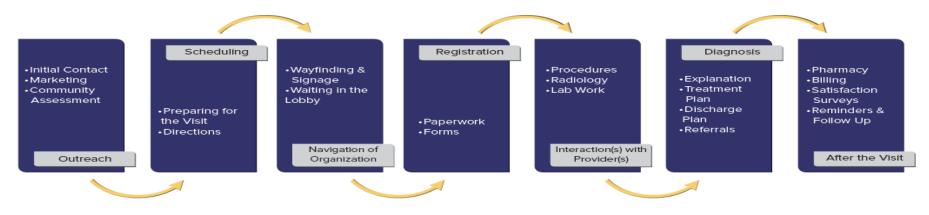
Customer service

Coordination of care



Effective Communication

ENSURING EFFECTIVE COMMUNICATION AT EVERY POINT OF CONTACT



Does your organization communicate effectively with all of your patients or clients at every point of contact? What about those who don't speak English as their first language? Or who are deaf? Blind?

Effective communication is the cornerstone to ensuring you reach the community you serve, providing the highest quality of care and services and advancing health equity at every point of contact.



www.ThinkCulturalHealth.hhs.gov



US Counties Where English is not Spoken at Home



Most common languages

Counties where **at least 10 percent** of people speak a language other than English at home:

Spanish
 708 counties

Native American languages 29 counties

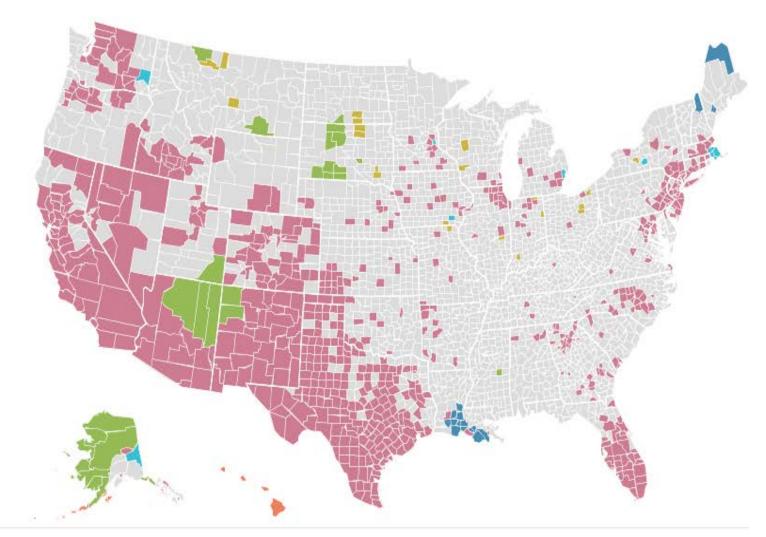
German 21 counties

French 15 counties

 Pacific Island languages
 12 counties

Other languages*
 11 counties

 English is spoken in at least 90 percent of homes in 2,347 counties.



*Other includes Chinese, Portuguese or Portuguese Creole, Hindi, Hmong, Other Indo-European languages, and Russian

Source: Census American Community Survey 2007-2011

Limited English Proficiency

Limited English proficiency (LEP)--The inability to communicate in English is a <u>major barrier to</u> accessing health information and services.



Health information for people with LEP needs to be communicated <u>plainly</u> in their <u>primary</u> <u>language</u> using words and examples that make information understandable.

Quick Guide to Health Literacy. US Department of Health and Human Services, Office of Disease Prevention and Health Promotion <u>http://www.health.gov/communication/literacy/quickguide</u>

CLAS Standards

CLAS-Culturally and Linguistically Appropriate Services in Health Care

Purpose: To advance health equity, improve quality, and help eliminate health care disparities

Blueprint to implement culturally & linguistically appropriate services

Guidelines that inform, guide and facilitate practices related to culturally and linguistically appropriate health services



CLAS Principle Standard

Provide effective, equitable, understandable, and respectful quality care and services that are <u>responsive to</u> diverse cultural health beliefs and practices, preferred languages, health literacy, and other communication <u>needs</u>.



Organizational Supports

www.thinkculturalheal.hhs.gov/pdfs/NationalCLASStandards

Partnership for Health

CLAS standards are primarily directed at health care organizations, but <u>individual providers are also</u> <u>encouraged to use the standards as a guide to make</u> <u>their practices more linguistically and culturally</u> <u>accessible</u>

PARTNERSHIP with communities being served







Literacy

"A person's ability to <u>read, write</u>, <u>speak</u> and <u>compute</u> <u>and solve problems</u> at levels necessary to:

- Function on the job and in society
- Achieve one's goals
- Develop one's knowledge and potential



Illiteracy—the inability to read or write.

A PERSON WHO HAS LIMITED OR LOW LITERACY SKILLS IS <u>NOT</u> ILLITERATE!!

Health Literacy

The ability to <u>obtain</u>, <u>process</u> and <u>understand</u> basic health information in order to make appropriate health decisions

Impacts ability to <u>navigate healthcare system</u>

Share personal information such as health history



Engage in self-care and chronic disease management

Understand <u>numerical information</u> such as drug dosing, food labels, caloric information, blood sugar measurement

Culture and Language

- Culture and language are <u>vital factors</u> in how health care services are delivered.
- Healthcare organizations should respond with <u>sensitivity</u> to the needs and preferences of culturally and linguistically diverse patients/consumers.
- Providing culturally and linguistically appropriate services (CLAS) to <u>all</u> patients has the potential to improve access to care, quality of care, and health outcomes.

Culture and Language

Culture and language are important aspects of peoples lives.

Even if a person is bilingual, they are usually most comfortable speaking their native language when receiving medical care



"Lost" in Translation

✓ Use *professional* medical interpreters or *trained and qualified* bilingual/ multilingual staff or volunteers.

 ✓ Use *telephone or video interpreting technology* as an alternative to on-site interpretation, especially for low incidence languages.



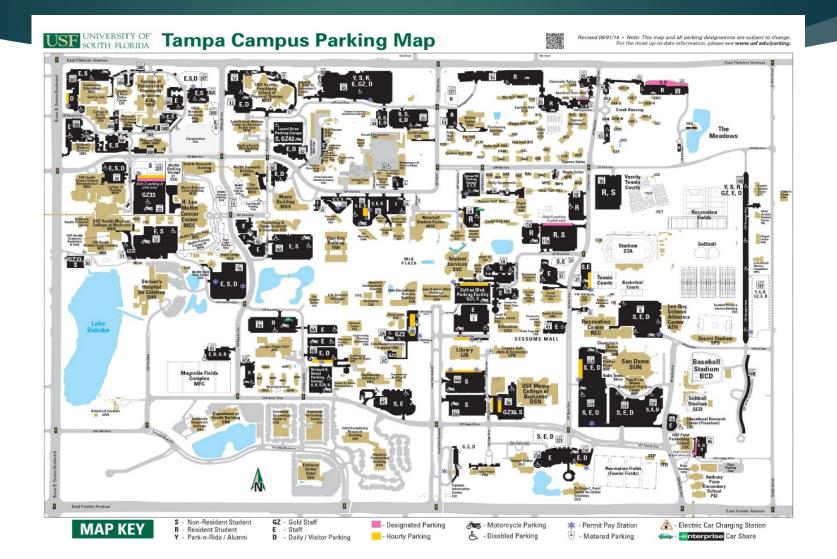
Interpretation





Video Interpreter

Way-Finding



A Picture is Worth a Thousand Words...



Plain Language

<u>Plain Language</u> is communication that users can understand the first time they <u>read</u> or <u>hear</u> it.

Key elements:

- Organize your information so that the most important points come first
- Break complex information into <u>understandable chunks</u>
- ► Use <u>simple language</u> and <u>define technical terms</u>
- ▶ Explain medical terms
- ► Use active voice.
- ► Avoid jargon

It is critical to know your audience and have them test your materials before, during and after they are developed.



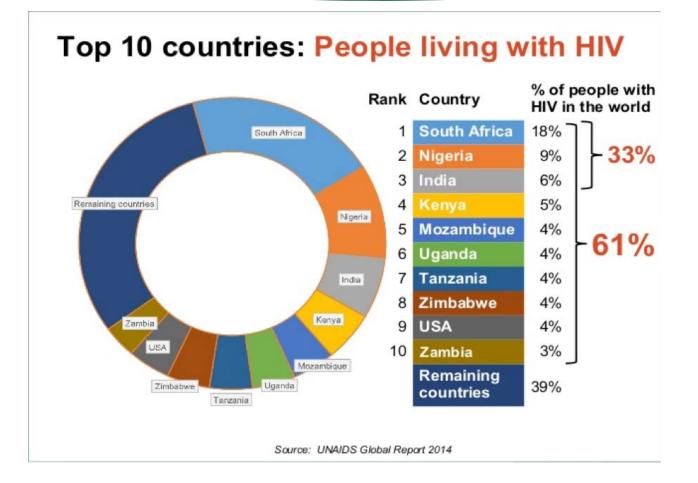
Signage

Make available easily understood, client-related materials, and post signage in the languages of the commonly countered roups and/or groups represented within the service area.





The Multicultural Impact of HIV



Communicating About Health and Illness

- Appreciation and respect for cultural values and beliefs helps providers understand culturally determined behaviors
- Core beliefs and value systems are held more strongly when people lose control over some aspects of their life due to illness
- Culture strongly determines behaviors associated with the illness experience, such as fear, pain and anxiety

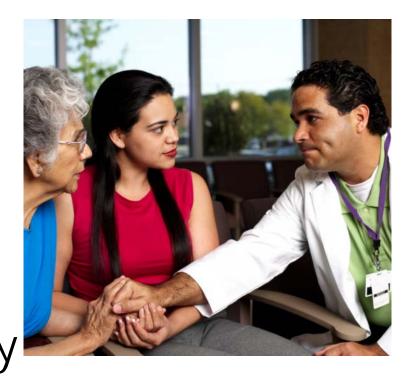
HIV Topics of Communication

discussing personal information

- experience of physical and/or emotional pain
- value placed on health and wellness and health education
- stigma of talking about sex, mental illness, seeking healthcare
- respect for healthcare provider importance or lack of importance of family, spiritual connections, healers
- self respect= family respect=community respect
- interpersonal violence (IPV) and safely issues

Communication

►7% Verbal (conveyed in words) ►38% Vocal (intonation, pitch, speed, pauses..) ►55% Nonverbal (body language)



Mehrabian, A. and Wiener, M. (1967). Decoding of inconsistent communications, Journal of Personality and Social Psychology, 6, 109-114

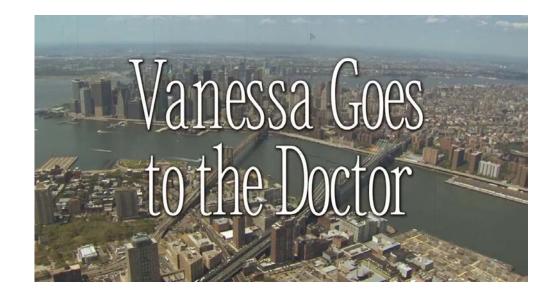
Elements of Organizational Cultural Awareness

- Value diversity
- Conduct cultural self-assessment
- Manage the dynamics of difference
- Institutionalize cultural knowledge



Adapt to diversity - policies - structures
 values - services

Vanessa Goes to the Doctor



https://www.youtube.com/watch?v=S3eDKf3PFRo

Culturally Appropriate Care Means...



WELCOME











Discussion Question

What does a welcoming environment look like?





Next Week: Communication

CULTURE CARE COMMUNICATION COLLABORATION

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Questions & Answers

