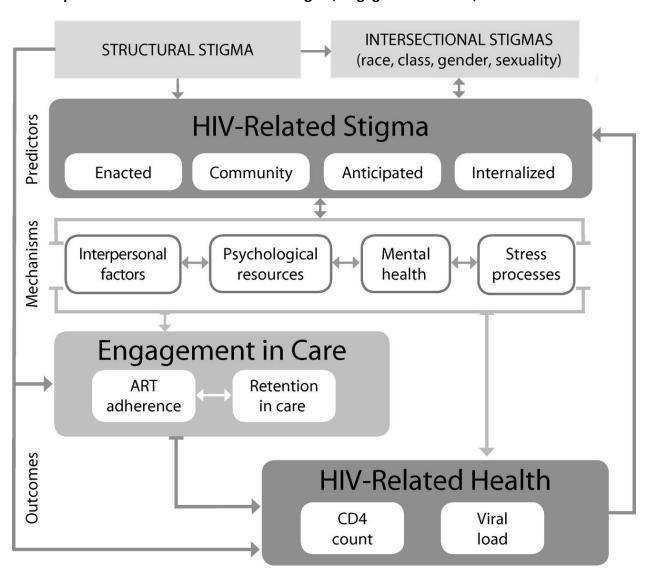


Stigma Dimensions | Handout

Adherence to HIV care and treatment recommendations is essential for ensuring health, longevity, and a suppressed viral load among people living with HIV (PLWH). A growing body of literature suggests that fears and experiences of HIV-related stigma not only affect the quality of life and mental health of PLWH but are also related to poor engagement in HIV care and treatment.

Four dimensions of HIV-Related Stigma: Enacted | Community | Anticipated | Internalized Conceptual Framework for HIV-Related Stigma, Engagement in Care, and Health Outcomes



Source: https://ajph.aphapublications.org/doi/10.2105/AJPH.2017.303744

A Framework Stigma on Health

For The Effects of

Structural **Stigma**

Macro Levels

Laws **Practices Services** Societies Structures

Intersectional **Stigma**

Micro Levels

Class Gender Race

Sexuality

AETC AIDS Education & Training Center Program Southeast

https://www.avert.org/professionals/hiv-social-issues/stigma-discrimination

http://alphtc.org/fresh

https://ajph.aphapublications.org/doi/10.2105/A-JPH.2017.303744

https://www.ncbi.nlm.nih.gov/pmc/articles/P-MC5143223/

Dimensions of HIV-Related Stigma

Enacted

Community

Internalized

Anticipated

Pyscho-Social Effects

Blame

Denial

Fear

Guilt

Negative **Attitudes**

Secrecy

Silence

Shame

They [my family] were embarrassed and didn't want to talk to me. My mother essentially said, 'Good luck, you're on your own.

- Shana Cozad from Tulsa, USA, on her family's reaction after she tested positive for HIV.

My daughter refused to go to the hospital to receive medicines. My daughter died because of the fear of stigmatization and discrimination.

- Patience Eshun from Ghana, who lost her daughter to an AIDS-related illness

Behavioral Consequences

Avoidance of Services

Delay in Care

Discrimination

Lack of Disclosure Practicing Prevention

Not Taking Meds

Violence

Effects On Health

Adverse Health Consequences of Violence

Mortality and Morbidity

Poor Mental Health

Transmission of Infections

In [town], you might get jumped on if they find out.

- (Man/Woman living with HIV, Alabama, FRESH Study Focus Group)