

HCV PATIENT TOOLS

HCV TOOLS FOR SUCCESS

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SEX & HCV

Getting hepatitis C (HCV or Hep C for short) by having sex is uncommon, but it could happen if someone has sex with a lot of different people, and engages in risky behavior.

Most experts believe that the risk of spreading Hep C is very low in people who are in a long term (many years) sexual relationship with just one person. But if you are worried about giving or getting hepatitis C than use condoms during sex.

People who have many sex partners or who have sexually transmitted infections (STI's) should always use condoms and take other precautions, such as covering any open cuts or wounds since these could pass Hep C during sex. Hep C is also easier to spread while a woman is on her period.

Remember:

- Getting Hep C during sex doesn't happen very often.
- If there is any blood during sex then you should use condoms.
- If you have sex with many different people use condoms to protect from getting or giving Hep C and STI's.
- Talk with your health care provider (doctor, nurse, or counselor) for advice on how to stop the spread of HCV.

