

# INITIATING

## PrEP

### A Quick Guide



### Assess risk factors and identify recommended indications for PrEP use

#### MSM

- Adult man
- Without acute or established HIV infection
- Any male sex partners in past 6 months
- Not in a monogamous partnership with a recently tested, HIV-negative man

**AND** at least **one** of the following

- Any anal sex without condoms in the past 6 months
- A bacterial STI diagnosed in the past 6 months

#### Heterosexually active persons

- Adult person
- Without acute or established HIV infection
- Any sex with opposite sex partners in past 6 months
- Not in a monogamous partnership with a recently tested, HIV-negative partner

**AND** at least **one** of the following

- Is a behaviorally bisexual man
- Infrequently uses condoms with partners who are at a substantial risk of HIV infection
- Is in an ongoing sexual relationship with an HIV-positive partner
- A bacterial STI diagnosed in the past 6 months

#### Persons who Inject Drugs

- Adult person
- Without acute or established HIV infection
- Any injection of drugs not prescribed by a clinician in the past 6 months

**AND** at least **one** of the following

- Any sharing of injection or drug preparation equipment in the past 6 months
- Risk of sexual acquisition

### Clinical Eligibility

#### HIV Testing

- **Document HIV status**
- HIV testing and the documentation of results are required to confirm that patients do not have HIV infection when they start taking PrEP medications.

#### Renal Function

- **Document renal function**
- Any person with an eCrCl of <60 ml/min should not be prescribed PrEP with TDF/FTC.

#### Hepatitis Serology

- **Document hepatitis infection and vaccination status**
- HBV and HCV testing recommended as part of baseline laboratory assessment

### Prescription

- **TDF/FTC (Truvada)** is the recommended medication that should be prescribed for PrEP for MSM, heterosexually active men and women, and PWID who meet recommended criteria
- **Dose:** 300 mg/200 mg
- **Frequency:** Once a day

### Determining HIV Status for PrEP

