HIV & Corrections

Understanding the HIV Care Continuum





About this module

This module was developed in 2020 by the North Carolina HIV Training & Education Center (NCHTEC), a partner in the Southeast AIDS Education & Training Center (SE AETC) network.

These resources are intended to complement training materials created for Enhancing Linkages to HIV Primary Care and Services in Jail Settings, a HRSA Special Projects of National Significance (SPNS) initiative that ran from 2007-2012. For more information about that initiative, visit: https://nextlevel.targethiv.org/deii/jails









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Learning objectives

- List the steps of the HIV care continuum.
- Explain the "window period" of an HIV test.
- Outline the steps involved in linking someone with HIV to care and treatment.
- Describe how anti-HIV (antiretroviral) treatment works to keep someone's viral load undetectable.





What is the HIV care continuum?





Gardner EM, et al. Clin Infect Dis. 2011;52(6):793-800 https://www.hiv.gov/federal-response/policies-issues/hiv-aids-care-continuum



Whenever possible, select automated, laboratory-based assays to test for HIV from serum, plasma, or whole blood specimens



Hurt CB, et al. Sex Transm Dis. 2017 Dec;44(12):739-746



What is the "window period" of a test?



Time since infection





Hurt CB, et al. Sex Transm Dis. 2017 Dec;44(12):739-746



How many prisoners are diagnosed with HIV?

Number of prisoners newly diagnosed with HIV and percentage linked to HIV care, United States, 2009-2013



AETC AIDS Education & Training Center Program Southeast

Seth P, Figueroa A, Wang G, Reid L, Belcher L. HIV Testing, HIV Positivity, and Linkage and Referral Services in Correctional Facilities in the United States, 2009-2013. Sex Transm Dis. 2015;42:643-9

How does someone get linked to care?





Image from: https://houstoniamlife.com/tasp/service-linkage-program/

What happens when you enter HIV care?



Medical history & physical exam To identify other health issues they may have

Social history To get to know them... and also identify things that can help or hinder adherence to ARVs

Sexual history To characterize future risks and screening needs

Lab tests Viral load, baseline resistance test(s), kidney and liver health, screening for STIs & hepatitis

Connection to resources Social work, medication assistance programs, counseling, Ryan White service eligibility, etc.



Image from: https://www.bjfm.co.uk/the-outer-consultation-the-doctor-patient-relationship



Who should be prescribed ARVs?



Guidelines for the Use of Antiretroviral Agents in Adults and Adolescents with HIV



Developed by the DHHS Panel on Antiretroviral Guidelines for Adults and Adolescents - A Working Group of the Office of AIDS Research Advisory Council (OARAC)

How to Cite the Adult and Adolescent Guidelines:

Panel on Antiretroviral Guidelines for Adults and Adolescents. Guidelines for the Use of Antiretroviral Agents in Adults and rains on namenormal commences for mounts and mounts cans, concerned on the loss or management in mounts and Adolescents with HIV. Department of Health and Human Services. Available at http://www.adsinto.nih.gov/ContentFiles/ Adolescents with HIV. Department of Health and Human Services. Available at http://www.adsinto.nih.gov/ContentFiles/ AdultandAdolescentGL.pdf. Accessed [insert date] [insert page number, table number, etc. if applicable] It is emphasized that concepts relevant to HIV management evolve rapidly. The Panel has a mechanism to update recommenda-

is to emphased with concepts reasons to upon reader to the management events represented to the second reader to t

Downloaded from https://aidsinfo.nih.gov/guidelines on 1/2/2020

Everyone living with HIV should be offered treatment as soon as possible after diagnosis



Panel on Antiretroviral Guidelines for Adults and Adolescents. Guidelines for the use of antiretroviral agents in HIV-1-infected adults and adolescents. Department of Health and Human Services. March 2012. https://aidsinfo.nih.gov/contentfiles/AdultandAdolescentGL003093.pdf



How does antiretroviral therapy work?



At least 2 steps need to be targeted, to be efficacious.

We have HIV medicines to target each of the highlighted steps



https://aidsinfo.nih.gov/understanding-hiv-aids/glossary/1596/life-cycle



How does antiretroviral therapy work?







How does antiretroviral therapy work?

Good adherence to ART keeps the power to the factories reliably turned off







How difficult is it to treat HIV?



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Adapted from: https://aidsetc.org/resource/hiv-medication-chart-pad



How does HIV care impact transmission?





Li Z, et al. MMWR. 2019 Mar 22;68(11):267-272



What does "U=U" mean?

Undetectable = untransmittable

If someone living with HIV is adherent to their ARVs and their viral load is durably undetectable, they have <u>effectively no risk</u> of transmitting HIV through

sex





https://www.niaid.nih.gov/news-events/10-things-know-about-hiv-suppression



How does incarceration affect HIV outcomes?

HIV care cascade before, during, and after incarceration (through January 2015)





Iroh PA, Mayo H, Nijhawan AE. The HIV Care Cascade Before, During, and After Incarceration: A Systematic Review and Data Synthesis. Am J Public Health. 2015;105:e5-16