



Updates in STI Detection and Treatment

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Continuing Education Disclosure

- The speakers do not have any financial relationships with commercial entities to disclose.

This slide set has been peer-reviewed to ensure that there are no conflicts of interest represented in the presentation.

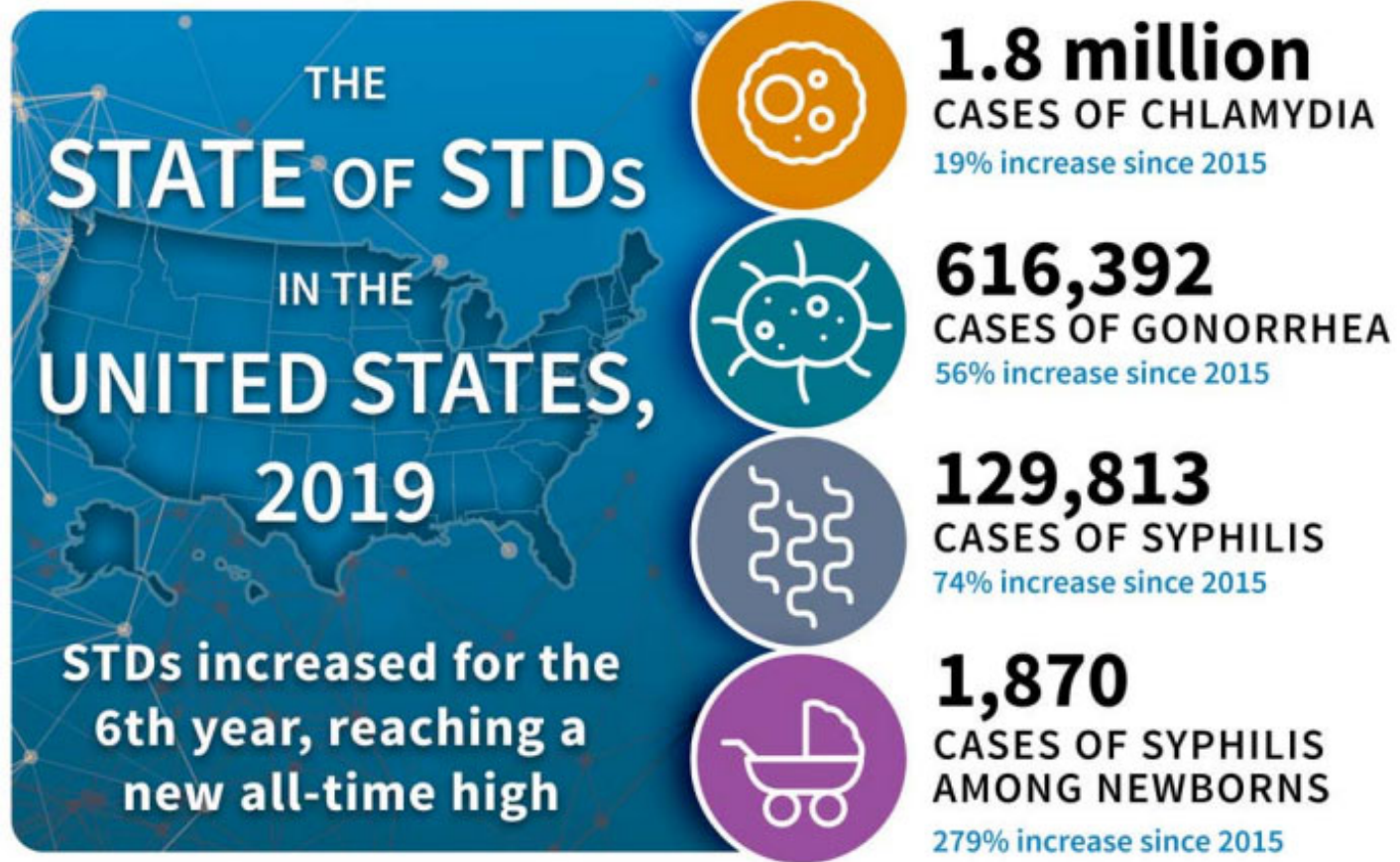
Objectives

At the end of this session, participants will be able to:

1. Recognize and diagnose common bacterial sexually transmitted infections (STIs)
2. Choose appropriate treatment for common bacterial STIs
3. Share barriers to, facilitators of, and lessons learned from the field regarding improvements in STI screening, testing and treatment.

Which is the most common reportable STI in the U.S.?

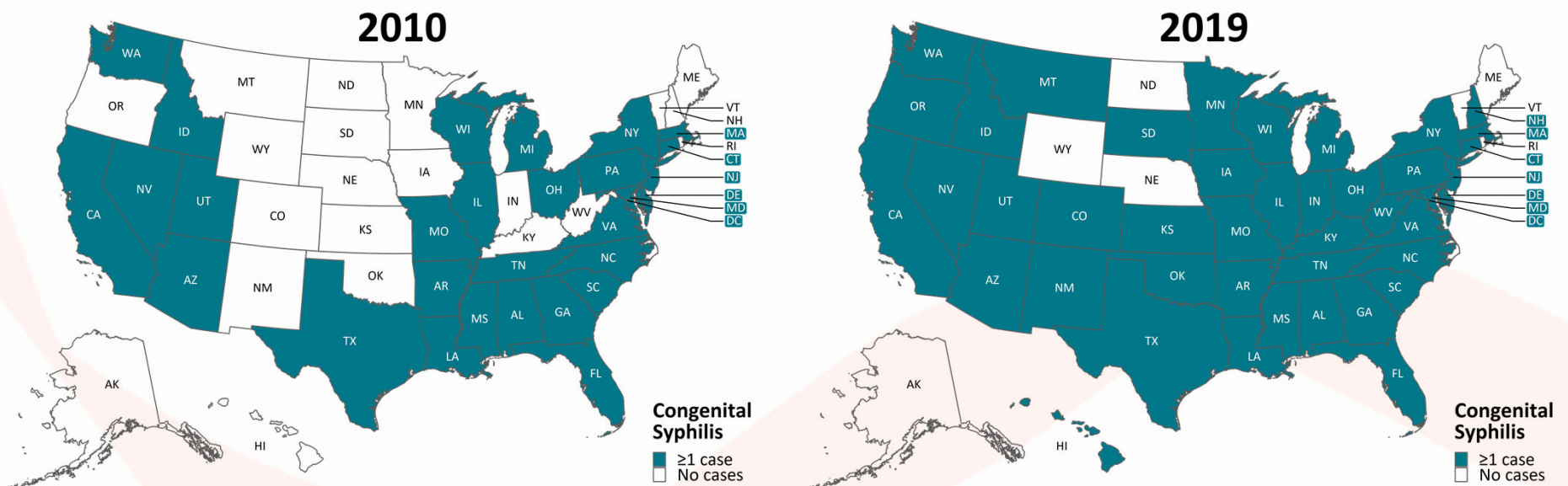
- A. Syphilis
- B. Gonorrhea
- C. Human papilloma virus
- D. Chlamydia



ANYONE WHO HAS SEX COULD GET AN STD, BUT SOME GROUPS ARE MORE AFFECTED

- YOUNG PEOPLE AGED 15-24
- GAY & BISEXUAL MEN
- PREGNANT PEOPLE
- RACIAL & ETHNIC MINORITY GROUPS

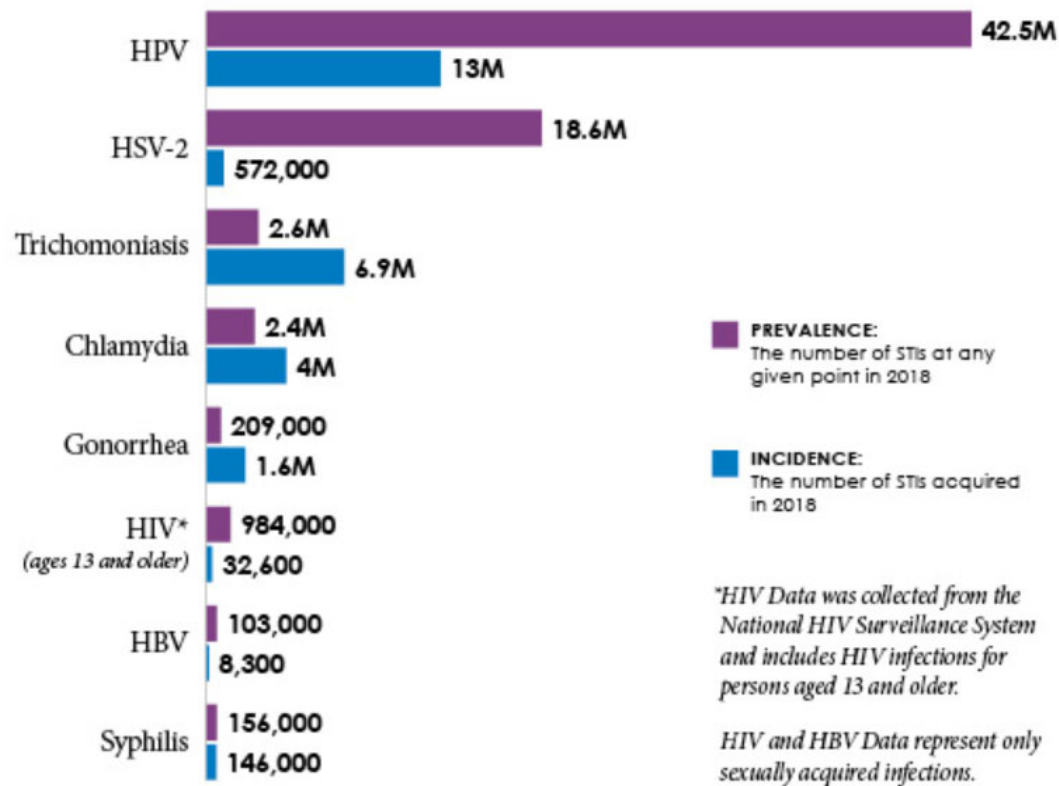
Over the last decade, congenital syphilis has diffused across the nation. By 2019, 43 states and D.C. reported at least one case.



■ Congenital Syphilis — Reported Cases by State, United States, 2010 and 2019, CDC.gov

LATEST CDC ESTIMATES REVEAL NEARLY 68 MILLION STIs IN THE U.S., AND MORE THAN 26 MILLION NEW INFECTIONS

Estimated number of new and existing sexually transmitted infections



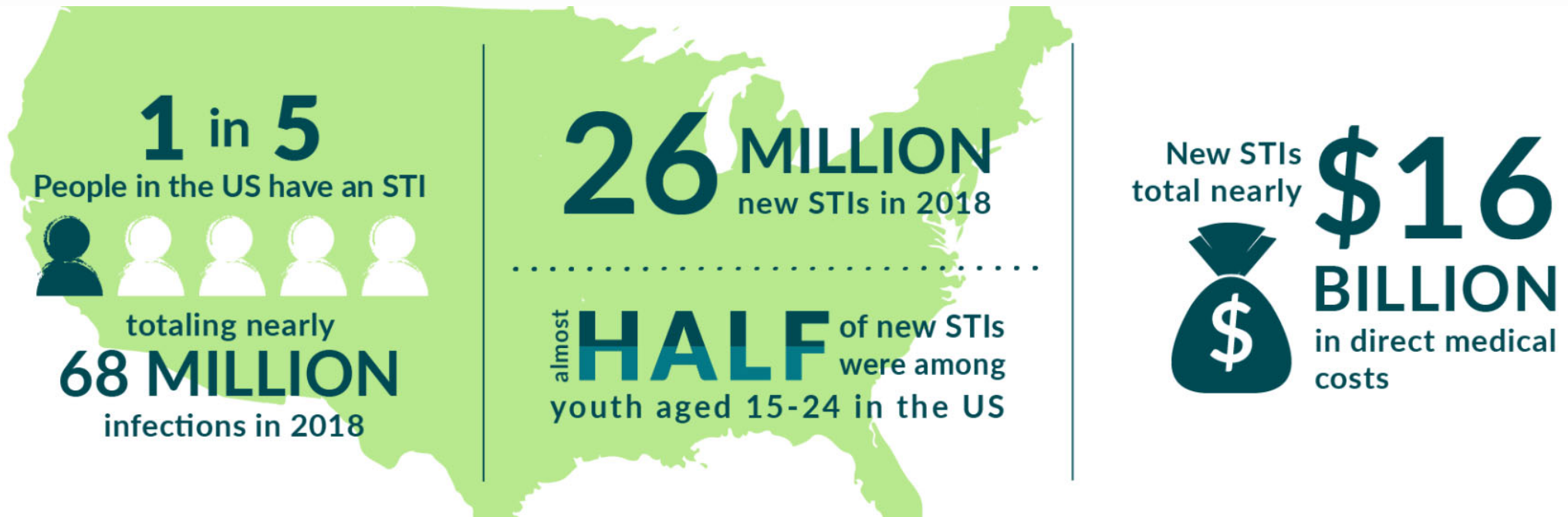
Cumulative Hazard: HIV Diagnosis Following an STI



Mentimeter

- Age ranges

STIs in the United States



STI Treatment Guidelines

2021 RECOMMENDATIONS NOW AVAILABLE

STI Treatment Guidelines Update

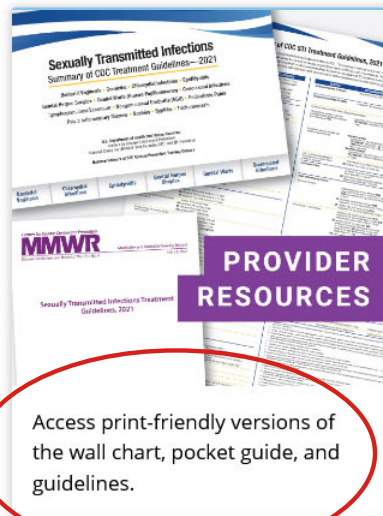
CDC's Sexually Transmitted Infections (STI) Treatment Guidelines, 2021 provides current evidence-based prevention, diagnostic and treatment recommendations that replace the 2015 guidance. The recommendations are intended to be a source for clinical guidance. Healthcare providers should always assess patients based on their clinical circumstances and local burden.



2021 Mobile App in Development
Learn how to use the interim, mobile-friendly solution.

BROWSE
GUIDELINES
ONLINE

View the full STI Treatment Guidelines.



Access print-friendly versions of the wall chart, pocket guide, and guidelines.

NATIONAL
NETWORK
OF STD
PREVENTION
TRAINING
CENTERS

Explore STD trainings, technical assistance, clinical consultation services, and more.

RECOMMENDATIONS
FOR PROVIDING
QUALITY STD
CLINICAL SERVICES

Learn about recommendations and tools to help healthcare settings improve STD care services.

5 Major Strategies to Prevent STIs

1. Accurate risk assessment and education and counseling of persons at risk
2. Pre-exposure vaccination for vaccine-preventable STIs
3. Identification asymptomatic and symptomatic STIs
4. Effective diagnosis, treatment, counseling, and follow-up of persons who are infected with an STI
5. Evaluation, treatment, and counseling of sex partners of persons who are infected with an STI

LGBTQ Welcoming Indicators

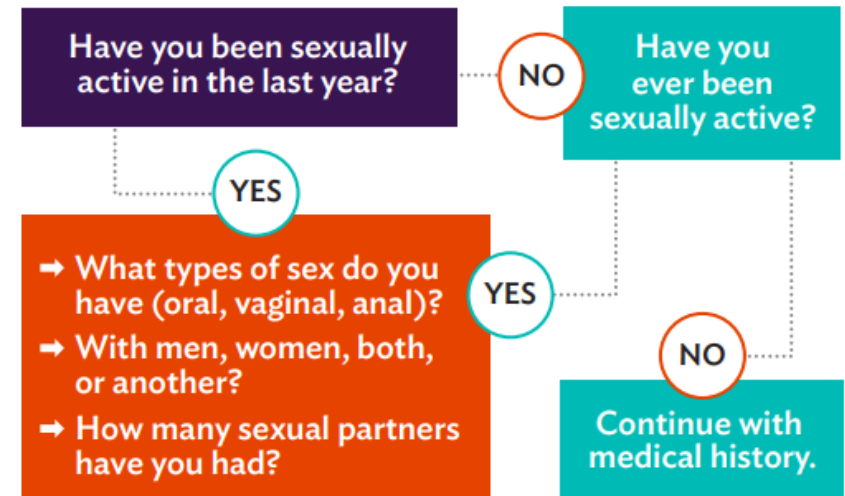
1. Gender-neutral bathroom(s)
2. Visible gender and sexual minority inclusiveness in waiting room materials
3. Gender and sexual minority inclusive educational materials
4. A gender identity, gender expression, and sexual orientation nondiscrimination policy clearly displayed
5. History taking that includes current gender identity and sex at birth inclusive of non-binary identities
6. Clinic registration/intake form has a question for client preferred name and pronoun (in addition to legal name)
7. Display materials for community-based affiliations with sexual/gender minority supportive organizations
8. Community advisory board sexual and gender minority members
9. All staff training on gender identity diversity and sexual orientation
10. LGBTQ flag in waiting room
11. Transgender flag or symbol in waiting room
12. Acknowledgement of LGBTQ awareness and recognition days/events



Sexual Health History

- Partners
- Practices
- Prevention of pregnancy
- Protection from STDs
- Past history of STDs

Essential Questions to Ask at Least Annually



<https://nationalcoalitionforsexualhealth.org/tools/for-healthcare-providers/asset/Sexual-Health-Questions-to-Ask-All-Patients.pdf>

Audio Computer-Assisted Self-Interview (ACASI): 1

Use of ACASI for STI risk assessment has been associated with:

- Identifying high-risk behaviors
- Less time spent by provider taking a sexual health history (SHH)
- High acceptability when used by patients


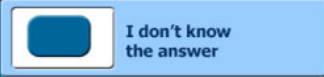
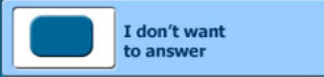
Potential barriers include:

- Computer literacy
 - Implementation expense
 - Export of data to EMR when used for clinical care
-
- <https://targethiv.org/library/sexual-history-taking-toolkit>






ACASI Sample Question 1

ACASI-LLC-1042 DEMO: [REDACTED]

What is your current gender identity?
(Check one)


- 1 Male
- 2 Female
- 3 Transgender Male or Transgender Man or Female-to-Male
- 4 Transgender Female or Transgender Woman or Male-to-Female
- 5 Genderqueer, neither exclusively male nor female
- 6 Additional Gender Category or Other
- 7 Choose not to disclose

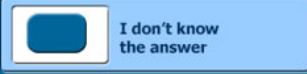
  

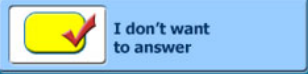
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ACASI Sample Question 2

ACASI-LLC-1042 DEMO:

 Stop Survey

 I don't know the answer

 I don't want to answer

Since your last health care provider visit, have you had:

A rash anywhere on your body?


1 No

2 Yes

Version: SEC_A_2019-11-05

ACASI Sample Question 3

ACASI-LLC-1042 DEMO: [REDACTED]



 Stop Survey

I don't know the answer

I don't want to answer

If you need a test for gonorrhea and chlamydia in your throat, which would you prefer?

- 1 I would prefer to swab my own throat after being told how
- 2 I would prefer a health care team member swab my throat

Version: SEC_A_2019-11-05

ACASI Testing Recommendations

ACASI-LLC-1042 DEMO

Tests Needed:

- Throat NAAT
- Urine or genital NAAT
- Rectal NAAT
- Syphilis serology

Prefers swab done by:

	Self	Provider	Cup
Throat	<input checked="" type="checkbox"/>	<input type="checkbox"/>	
Genital	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Rectum	<input checked="" type="checkbox"/>	<input type="checkbox"/>	

⏪⏩

Version: SEC_A_2019-11-05



North Dakota Department of Health
HIV • STD • TB
VIRAL HEPATITIS PROGRAM

6. What types of sex have you had? (Select all that apply)

[Why do we ask this?](#)

- Anal
- Oral
- Vaginal

Previous

Next

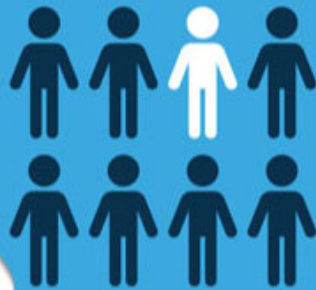
MMWR | MSM* & STDs: TEST MORE THAN GENITALS

STDs IN THE THROAT AND RECTUM

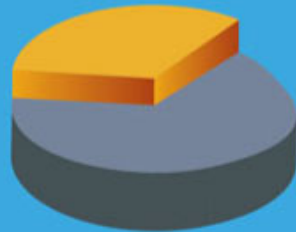
- MSM AT **HIGH RISK**
- **OFTEN NO SYMPTOMS**
- **DETECT BY SCREENING**
- **INCREASES HIV RISK**



OF MSM SCREENED FOR CHLAMYDIA & GONORRHEA**:



1 IN 8
HAD AN STD
IN THROAT
OR RECTUM



1/3 NOT
SCREENED
IN LAST 12
MONTHS

SCREEN SEXUALLY ACTIVE MSM FOR STDs!

- **AT LEAST 1X/YEAR**
- **HIGHER RISK? EVERY 3-6 MONTHS**
- **IF INDICATED, TEST THROAT & RECTUM**



Data from National HIV Behavioral Surveillance (NHBS) as published in Johnson Jones et. al. MMWR 2019.

* Men who have sex with men

** MSM recruited from social venues in 5 cities provided data and self-collected swabs
bit.ly/CDCVA24

CS 292376-T

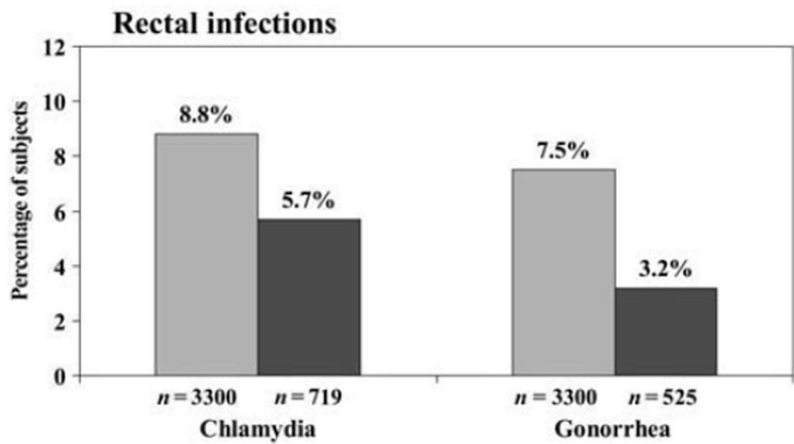
Case

- Mr. J is a 22 yo man who comes for his annual visit
- You obtain a sexual health history
 - **Partners:** male
 - **Practices:** oral sex and anal receptive and insertive sex
 - **Partners:** 4 since his last visit with an associated urogenital STI screen
 - **HIV/STI Prevention:** not on PrEP, inconsistently uses condoms for anal sex, no condom use for oral sex
 - **Prior STI:** He has had one episode of urogenital gonorrhea at age 20
- He is feeling well

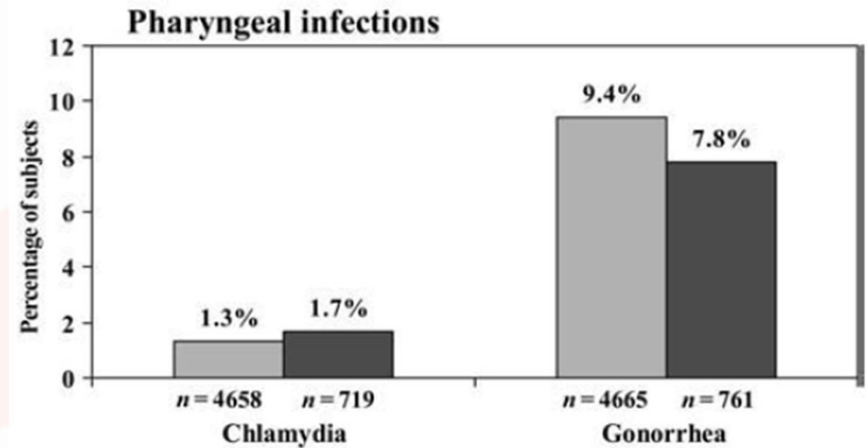
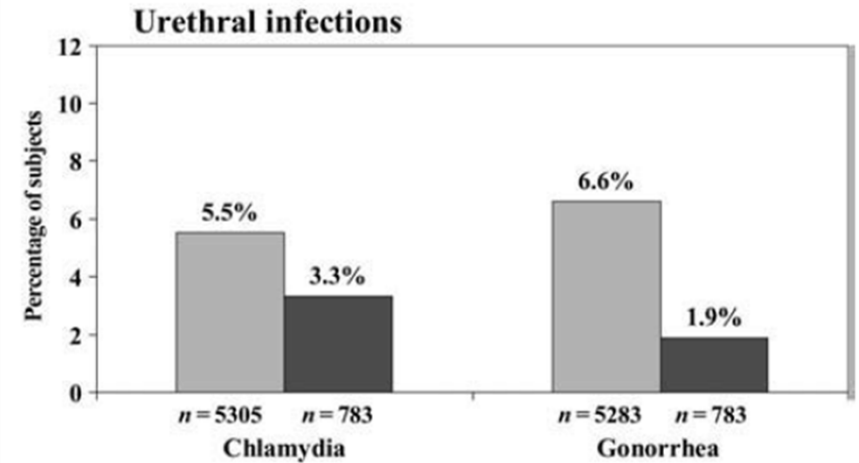
Mr. J:

- Sexual health history suggests risks for syphilis, gonorrhea and chlamydia
- Recommended mucosal sites to be tested for gonorrhea and chlamydia: throat, rectum and urogenital
- Samples collected
- Client-centered STI prevention counselling performed, condoms offered, discussed HIV pre-exposure prophylaxis (PrEP)
- Test results returned:
pharyngeal swab positive for gonorrhea

Prevalence of GC and Chlamydia by Site of Infection

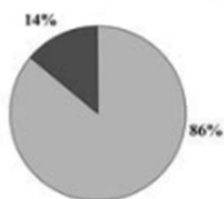


STD
 Gay men's health center

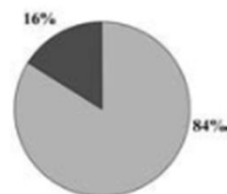


Proportion of Asymptomatic Rectal and Urethral Gonococcal and Chlamydial Infections in MSM, San Francisco

Rectal chlamydial and gonococcal infections

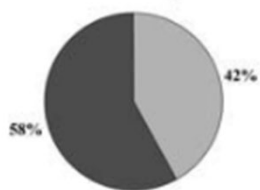


Chlamydia
n = 316

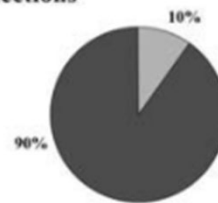


Gonorrhea
n = 264

Urethral chlamydial and gonococcal infections



Chlamydia
n = 315



Gonorrhea
n = 364

□ Asymptomatic ■ Symptomatic

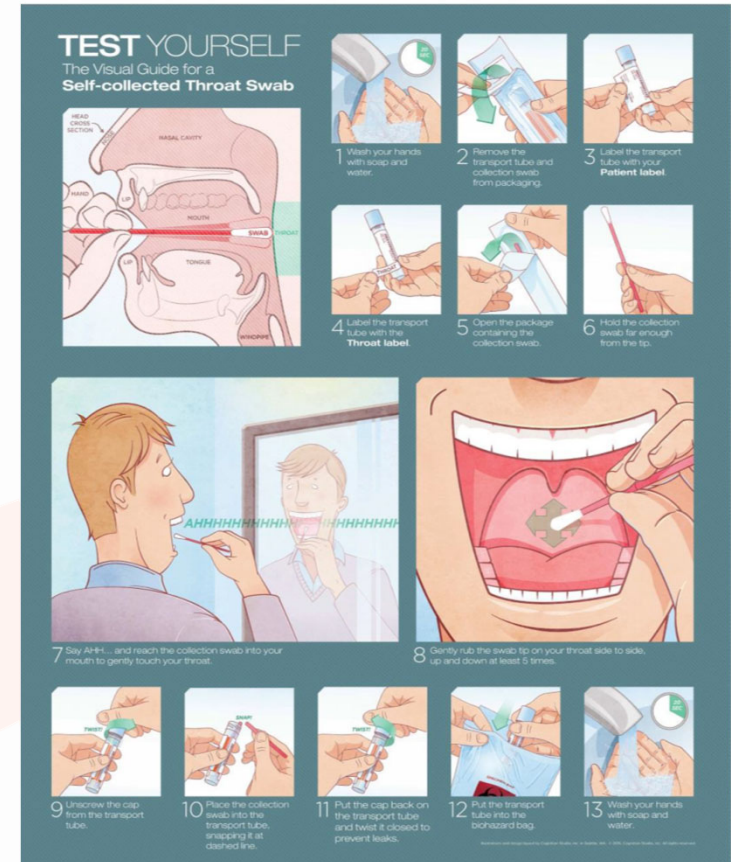
Patient Self-Collected Nucleic Acid Amplification Test (NAAT)

- Patient self-collection has been shown to be equally effective to provider-collection in clinical and non-clinical settings for the following specimens:
 - Vaginal swabs
 - Rectal swabs
 - Pharyngeal swabs
 - Urine samples

- Acceptability by patients, especially those at high-risk for STIs is high



Patient Self-Collected Nucleic Acid Amplification Test (NAAT): Patient Education



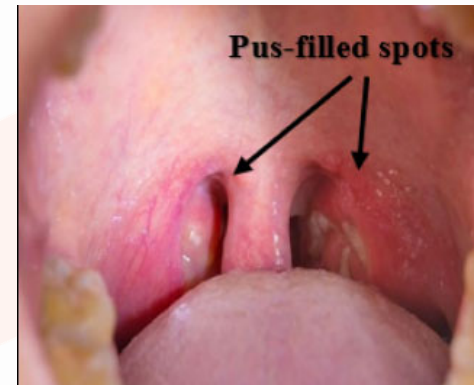
- The majority of patients preferred to self-collect rectal/vaginal swabs
- More reluctant to self-collect throat swabs

ACASI Ordered Extragenital STI Labs by Specimen Collection Type			
	Self-collected	Provider-collected	Total
Throat	46	47	93
Rectal	43	6	49
Vaginal	5	0	5
Total	94	53	147

DOH Alachua County. 8/5/20-8/23/2021

Pharyngeal Gonorrhea

- < 10% diagnosed are symptomatic
- More common in men who have sex in men (MSM)
- Most ceftriaxone treatment failures have involved pharyngeal gonorrhea



<https://stdcenterny.com/gonorrhea-signs.html>

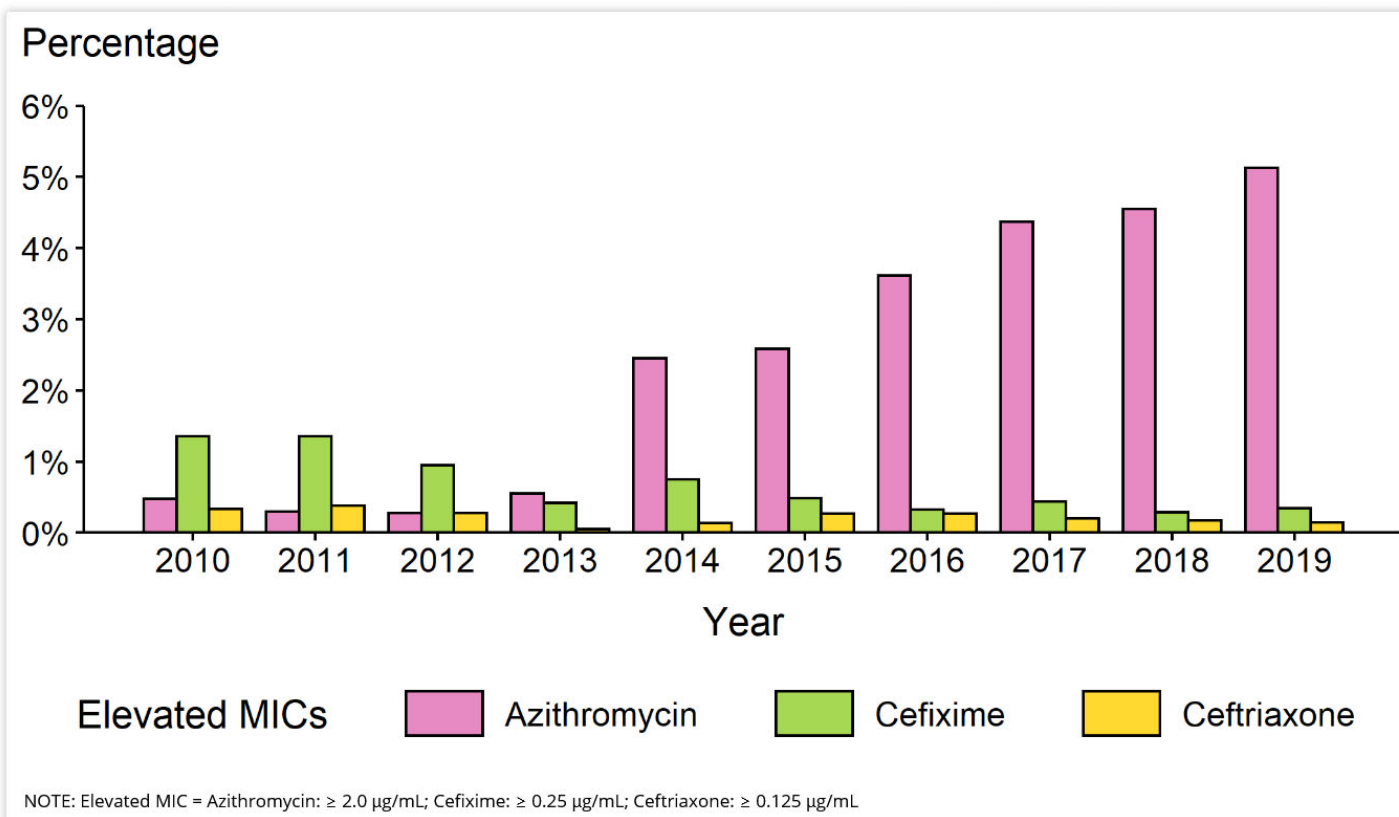
Uncomplicated Gonorrhea: Treatment

- **Ceftriaxone (weight based)**
 - < 300 pounds give 500 mg IM x 1
 - >300 pounds give 1 g IM x 1
- Treat for chlamydia if infection has not been excluded
- **Alternative regimens for urogenital or rectal gonorrhea**
 - Gentamicin 240 mg IM + 2g azithromycin orally
 - Cefixime 800 mg PO x 1
- **There are no reliable treatment alternatives for pharyngeal gonorrhea**

Follow-up testing:

- Test-of-cure is recommended for **pharyngeal gonorrhea**
 - Culture or NAAT 7-14 days after initial treatment
 - If NAAT is positive, perform confirmatory culture
 - All positive cultures for test of cure should undergo antimicrobial susceptibility
- Due to high **reinfection** rates (7-12%) among persons with previously treated gonorrhea, persons treated for gonorrhea should be retested 3 months after treatment

Neisseria gonorrhoeae — Percentage of Isolates with Elevated Minimum Inhibitory Concentrations (MICs) to Azithromycin, Cefixime, and Ceftriaxone, Gonococcal Isolate Surveillance Project (GISP), 2010–2019



Drug Resistant Gonorrhoeae

- Commercial lab testing
 - Quest Diagnostics - *Neisseria gonorrhoeae* culture with reflex to Susceptibility
 - Preferred Specimen(s):
 - Urethral, cervical, anorectal, throat or conjunctiva swab collected in Amies gel (blue-cap) or ESwab (white-cap) transport medium
 - Test Code - 38404
 - Labcorp - GC (*Neisseria gonorrhoeae*) culture
 - Test code 008128
 - DOH testing: Contact local health department to help arrange collection of sample to be sent to state lab

Case

- Ms. M is a 23 yo woman presenting for her 6-month follow-up of well controlled HIV. She is taking bictegravir/emtricitabine/tenofovir alafenamide every day with no medication related side effects.
- She tested negative for STIs 6 months ago. Today, she states she would like to be tested for STIs “to be on the safe side.”

Mentimeter

- **What will you do?**

- A. Tell her she doesn't have any STIs as if she did, she would have symptoms
- B. Perform a sexual health history and offer STI testing based on this

Ms. M:

- Sexual Health History
 - Partners: two male, their sexual health unknown to her
 - Practices: Vaginal receptive sex only
 - Prevention of STIs: Not consistently using condoms
 - Past history of STIs: None
 - Prevention of Pregnancy: Nexplanon implant placed last year
- Testing done: self-collected vaginal swab for GC/CL NAAT, syphilis cascade
- NAAT is positive for Chlamydia

Treatment

- **Preferred regimen:**

Doxycycline 100 mg by mouth twice daily for 7 days

- **Alternative regimens:**

Azithromycin 1 g by mouth in a single dose (preferred in pregnancy)

or

Levofloxacin 500 mg by mouth daily for 7 days

- **Follow-up:** Retest approximately three months after treatment; schedule this follow-up appointment at the time of initial treatment

Follow-up After Treatment

- **Non-pregnant people** should be rescreened 3 months after treatment
- **Pregnant people** should undergo test of cure to document chlamydia eradication by NAAT 4 weeks after treatment

Chlamydia & Gonorrhea: Partner Management

- Sex partners should be evaluated, tested and treated if they had sexual contact with the patient during the 60 days preceding the patient's onset of symptoms or diagnosis of chlamydia
- The most recent sex partner should be evaluated and treated even if last sexual contact was > 60 days before symptom onset or diagnosis

Expedited Partner Therapy (EPT)

- Clinical practice of treating sex partners of persons with diagnosed chlamydia or gonorrhea who are unable or unlikely to seek timely treatment
- Medical providers should offer EPT when the provider cannot ensure that all of a patient's sex partners from prior 60 days will seek treatment

If you've been diagnosed with an STD, you may be able to get treatment for your partner, too.



If you've been diagnosed with chlamydia or gonorrhea, the first step is to get treatment.

But did you know that you may be able to get treatment for your partner, too?

Talk to your doctor. They may be able to give you medicine or a prescription for your partner – even without seeing them. This is called **expedited partner therapy (EPT)** or patient-delivered partner therapy (PDPT), and it's available in most states.

With EPT:

PRESCRIPTION

- Your partner can get treated quickly – without having to go to the doctor first
- You'll be protected from your partner passing the infection back to you
- Neither of you will pass the infection on in the future



Why does my partner need treatment?

Without treatment, your partner could pass the STD back to you. Keep in mind that many people with chlamydia and gonorrhea have no signs or symptoms, so your partner may have the STD and not know it. Left untreated, chlamydia and gonorrhea can cause serious health problems.

If you've been diagnosed with chlamydia or gonorrhea, **talk to your doctor** to find out if EPT is an option for you and your partner.

To learn more about how you can prevent STDs, visit [cdc.gov/std/prevention](https://www.cdc.gov/std/prevention).



Doxycycline vs. Azithromycin: Rectal Chlamydia in Men

Dombrowski et al., *CID* 2021

- Randomized double-blind, placebo-controlled trial in MSM in Seattle and Boston
- Microbiologic cure in rectal infections across analysis groups
 - Azithromycin 71-77%
 - Doxycycline 91-100%
- Trial stopped early due to interim analysis

Lau et al., *NEJM* 2021

- Randomized double-blind, placebo-controlled trial in Australian men with asymptomatic rectal chlamydia
- Microbiologic cure in rectal infections
 - Azithromycin 76.4%
 - Doxycycline 96.9 %

RESEARCH SUMMARY

Azithromycin or Doxycycline for Asymptomatic Rectal *Chlamydia trachomatis*

Lau A et al. DOI: 10.1056/NEJMoa2031631

CLINICAL PROBLEM

Chlamydia trachomatis is a common STI globally among men who have sex with men and is most often asymptomatic. Although guidelines have recommended treatment with either doxycycline or azithromycin, data from randomized trials are lacking.

CLINICAL TRIAL

Design: A double-blind, randomized trial in Australia involving men with asymptomatic rectal chlamydia to compare the efficacy of doxycycline with that of azithromycin.

Intervention: 625 men were assigned to receive either doxycycline or azithromycin. The primary outcome was a negative nucleic acid amplification test for rectal chlamydia (microbiologic cure) at 4 weeks.

RESULTS

Efficacy: The doxycycline regimen was significantly more efficacious than the azithromycin regimen for the treatment of asymptomatic rectal chlamydia.

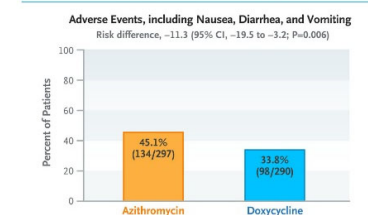
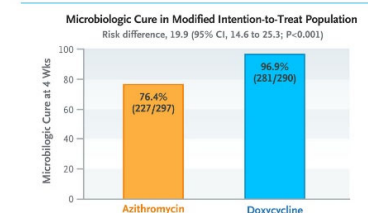
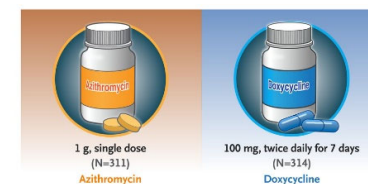
Safety: Adverse events including nausea, diarrhea, and vomiting were less common in the doxycycline group than in the azithromycin group.

LIMITATIONS AND REMAINING QUESTIONS

Further study is required to understand the following:

- Why azithromycin is less efficacious for rectal chlamydia, since other trials have shown it to be only slightly less effective than doxycycline for urogenital infection
- Whether larger azithromycin doses may be more effective for higher-load infections
- Whether azithromycin will cure rectal chlamydia in women

Links: [Full article](#) | [NEJM Quick Take](#)



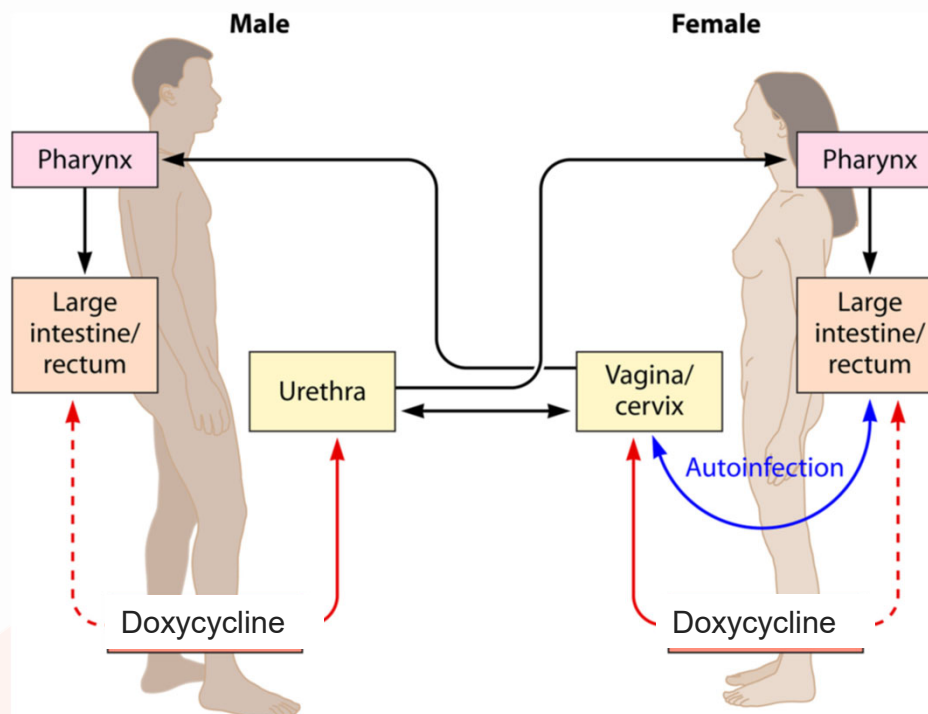
CONCLUSIONS
A 7-day course of doxycycline was superior to single-dose azithromycin in the treatment of rectal chlamydia infection among men who have sex with men.

Doxycycline vs. Azithromycin: Rectal Chlamydia in Women

- Prospective multicenter cohort study of azithromycin and doxycycline in uncomplicated rectal and vaginal chlamydia
- Microbiologic cure in vaginal infections (n=394)
 - Azithromycin: 93.5 %
 - Doxycycline: 95.4 %
- Microbiologic cure in rectal infections (n=341)
 - Azithromycin 78.5%
 - Doxycycline 95.5 %

Rectal Chlamydia in Women

- Can occur concomitantly with urogenital chlamydia
- Cannot be predicted by reported sexual activity
- Inadequately treated rectal chlamydia among women with concomitant urogenital chlamydia can increase risk for transmission
 - women at risk for repeat urogenital chlamydia infection through autoinoculation from anorectal site



Rank RG, Laxmi Y. Infection and Immunity. April 2014; 82(4). 1362-1371

Why is doxycycline better?

- Mechanism of azithromycin failure is unknown:
 - Mechanism of action of doxycycline and azithromycin both target bacterial protein synthesis
 - Antibiotic resistance has not been conclusively demonstrated *in vivo*
 - Rectal tissue penetration of azithromycin has been shown to be above MIC for chlamydia
 - Presence of LGV biovars
- Temporary suppression with single-dose azithromycin (chlamydia persistence)
- Different host-microbe interactions in rectal environment vs. genital tract

Case

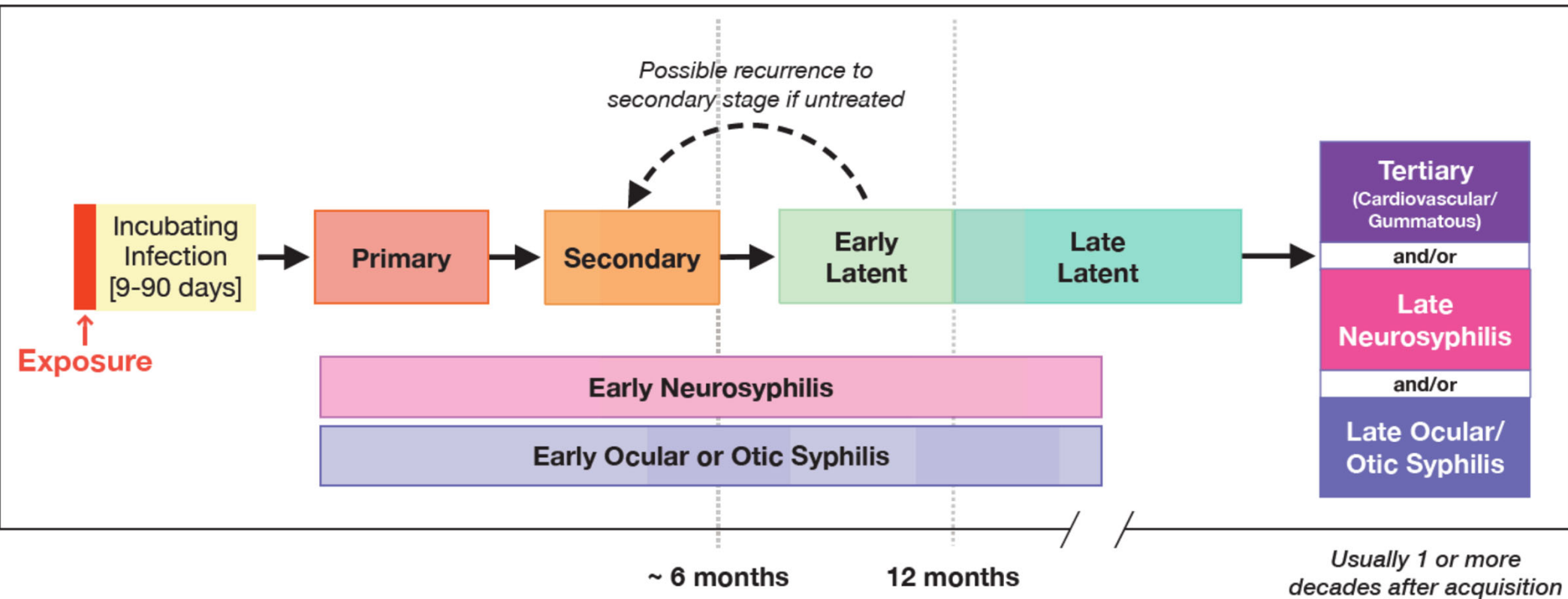
Ms. T is 24 yo woman, currently 32 weeks pregnant, presenting for OB follow-up. She has a history of previously treated syphilis. At entry to care this pregnancy, she had a negative HIV test and a nonreactive RPR. Ms. T's third trimester syphilis test shows an RPR of 1:8. Her HIV test remains negative.

Mentimeter

What will you do?

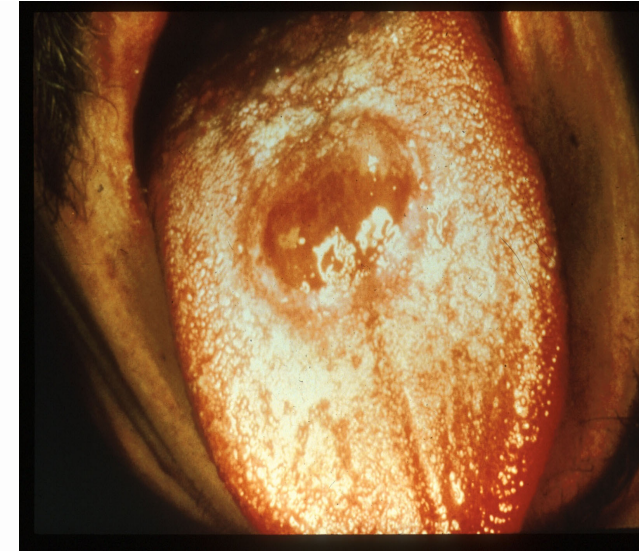
- A. Retest in 2 weeks in case this is a false positive result
- B. Obtain a sexual health history to see if she has had any new exposures, signs or symptoms of syphilis or other STIs
- C. Treat for syphilis with 2.4 MU IM benzathine penicillin
- D. B and C

Syphilis Staging:



Primary Syphilis

- Primary lesion or "chancre" develops at the site of inoculation.
- Chancre
 - Progresses from macule to papule to ulcer
 - Typically painless, indurated, and has a clean base
 - Highly infectious
 - Heals spontaneously within 3 to 6 weeks
 - Multiple lesions can occur
- Regional lymphadenopathy: classically rubbery, painless, bilateral
- Both treponemal and non treponemal tests may be negative in primary syphilis



Secondary Syphilis

- Secondary lesions occur several weeks after the primary chancre appears
 - Primary and secondary stages may overlap
- Clinical Manifestations:
 - Rash (75%–100%)
 - Lymphadenopathy (50%–86%)
 - Malaise
 - Mucous patches (6%–30%)
 - Condyloma lata (10%–20%)
- RPR is usually highest during this stage



Per 2021 CDC Guidelines, LP no longer recommended for purely ocular and otic syphilis

Screening Questions for Neurosyphilis (Including Ocular and Ootosyphilis)

Questions	
<u>Symptoms of Ootosyphilis</u>	
1) Have you recently had new trouble hearing?	<input type="checkbox"/> Yes – refer to ENT <input type="checkbox"/> No
2) Do you have ringing in your ears?	<input type="checkbox"/> Yes – refer to ENT <input type="checkbox"/> No
<u>Symptoms of Ocular syphilis</u>	
3) Have you recently had a change in vision?	<input type="checkbox"/> Yes – refer to ophthalmology <input type="checkbox"/> No
4) Do you see flashing lights?	<input type="checkbox"/> Yes – refer to ophthalmology <input type="checkbox"/> No
5) Do you see spots that move or float by in your vision?	<input type="checkbox"/> Yes – refer to ophthalmology <input type="checkbox"/> No
6) Have you had any blurring of your vision?	
<u>Symptoms of neurosyphilis</u>	
7) Are you having headaches?	<input type="checkbox"/> Yes <input type="checkbox"/> No
8) Have you recently been confused?	<input type="checkbox"/> Yes <input type="checkbox"/> No
9) Has your memory recently gotten worse?	<input type="checkbox"/> Yes <input type="checkbox"/> No
10) Do you have trouble concentrating?	<input type="checkbox"/> Yes <input type="checkbox"/> No
11) Do you feel that your personality has recently changed?	<input type="checkbox"/> Yes <input type="checkbox"/> No
12) Are you having a new problem walking?	<input type="checkbox"/> Yes <input type="checkbox"/> No
13) Do you have weakness or numbness in your legs?	<input type="checkbox"/> Yes <input type="checkbox"/> No

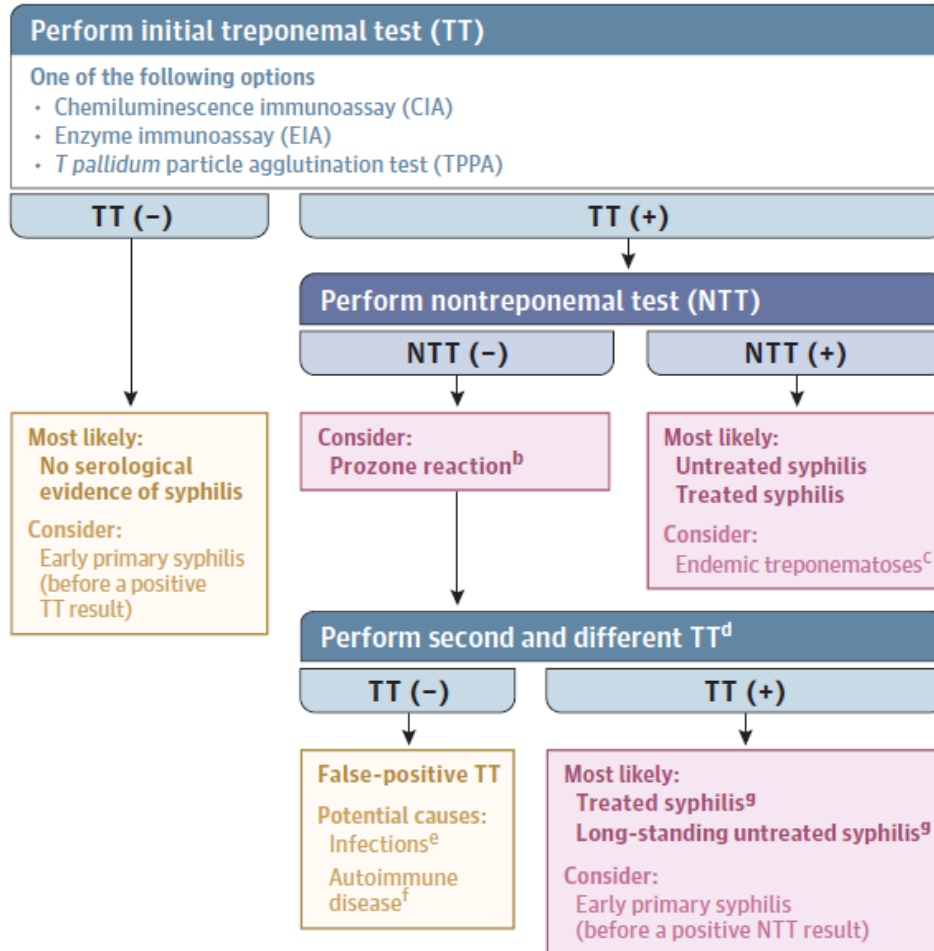
Medical providers should consider evaluation and treatment for neurosyphilis in persons with new persistent headaches rated as moderate or greater; new change in vision, including loss, blurring, seeing spots or flashing lights; new change in hearing, including loss, muffling or tinnitus; new and persistent change in personality, memory or judgment; new numbness in both legs; or new gait incoordination.

Diseases That Mimic Early Syphilis

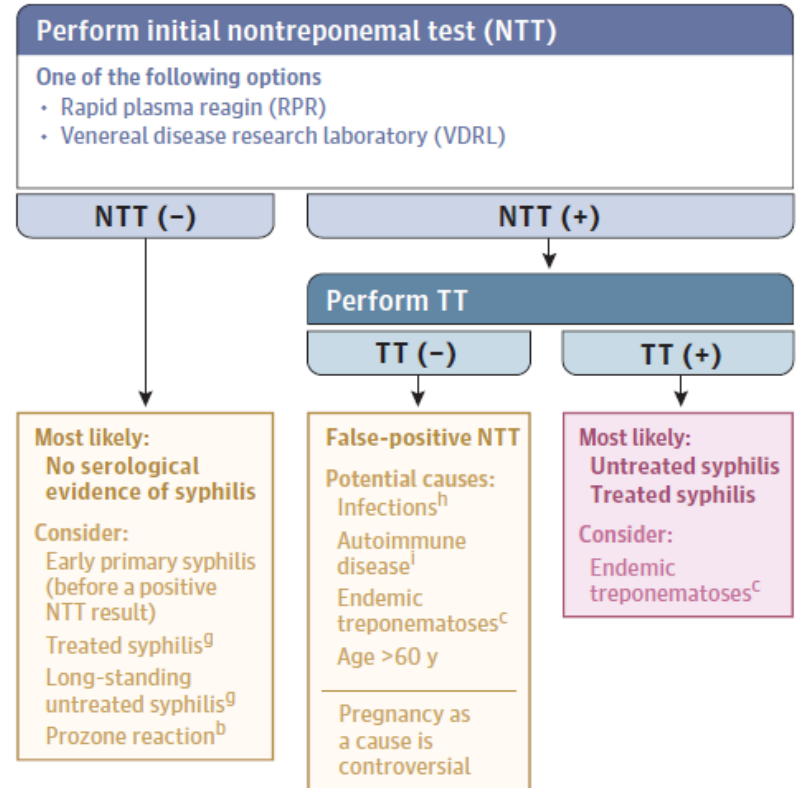
	Differential diagnosis
Genital ulceration	Genital herpes (very common), chancroid, Bechet's syndrome, trauma
Palmar or plantar skin rash	Contact dermatitis, eczema, atopic dermatitis, erythema multiforme, Rocky Mountain spotted fever
Generalised skin rash	Systemic allergy, pityriasis rosea
Generalised lymphadenopathy	Mononucleosis syndrome, Hodgkin's lymphoma
Aseptic meningitis	Viral exanthem

Table 1: Differential diagnosis of diseases that can mimic early syphilis, by manifestation

REVERSE SEQUENCE ALGORITHM



TRADITIONAL ALGORITHM



Ordering Syphilis Tests at UF Health

Procedures

Px Code	Name
LAB2107249	DONOR Syphilis(T pallidum IgG)
LAB5395	Lyme Syphilis AB Diff Profile
LAB550	Obstetric Panel (aka SYPHILIS)
LAB21049401	Syphilis Follow-up testing(RPR w/ titer)
LAB51010	Syphilis Screen (T pallidum Ab) w/ reflex conf.
LAB338	Treponema Pallidum Confirmatory (aka SYPHILIS)
LAB859	VDRL (aka SYPHILIS)
LAB207	VDRL CSF (aka SYPHILIS)

Syphilis Treatment:

	Recommended Rx	Dose/Route	Alternatives
• Primary, secondary, or early latent <1 year	benzathine penicillin G	2.4 million units IM in a single dose	doxycycline 100mg 2x/day for 14 days OR tetracycline 500mg orally 4x/day for 14 days
• Latent >1 year, latent of unknown duration	benzathine penicillin G	2.4 million units IM in 3 doses each at 1 week intervals (7.2 million units total)	doxycycline 100mg 2x/day for 28 days OR tetracycline 500mg orally 4x/day for 28 days
• Pregnancy	IV Penicillin only option		
• Neurosyphilis	aqueous crystalline penicillin G	18-24 million units per day, administered as 3-4 million units IV every 4 hours or continuous infusion, for 10-14 days	procaine penicillin G 2.4 MU IM 1x daily PLUS probenecid 500 mg orally 4x/day, both for 10-14 days
• Congenital syphilis	See complete CDC guidelines.		
• Children: Primary, secondary, or early latent <1year	benzathine penicillin G	50,000 units/kg IM in a single dose (maximum 2.4 million units)	
• Children: Latent >1 year, or unknown duration Latent	benzathine penicillin G	50,000 units/kg IM for 3 doses at 1 week intervals (maximum total 7.2 million units)	

Syphilis Follow-up

HIV Negative

- Primary and secondary syphilis
 - Clinical and serologic evaluation at 6 & 12 months after treatment
- Latent Syphilis
 - Clinical and serologic evaluation at 6, 12, and 24 months

HIV Positive

- Primary and secondary syphilis
 - Clinical and serologic evaluation at 3, 6, 9, 12 and 24 months after treatment
- Latent syphilis
 - Clinical and serologic evaluation at 6, 12, 18, and 24 months

Follow-up:

If persistent symptoms, or persistent titer elevation (less than 4 fold decline)

- Retest for HIV if HIV negative initially
- Consider lumbar puncture
- Re-treat with benzathine penicillin G 2.4 million units IM once weekly for 3 weeks

Dilutions of Non-specific Tests (RPR/VDRL)

1 : 1024

1 : 512

1 : 256

1 : 128

1 : 64

1 : 32

1 : 16

1 : 8

1 : 4

1 : 2

1 : 1

2 dilution or
"4 fold"
decline

1 dilution or
"2 fold"
decline

Treating Sexual Partners

>90 days

Within 90 days

Treat for primary syphilis if no serology or f/u uncertain
If serology negative, no treatment
If serology positive, treat as appropriate for stage of infection


Empiric treatment for primary syphilis
Even if serology negative

Day of diagnosis
of infectious syphilis

Other Important Guideline Change

Metronidazole

■ Trichomonas

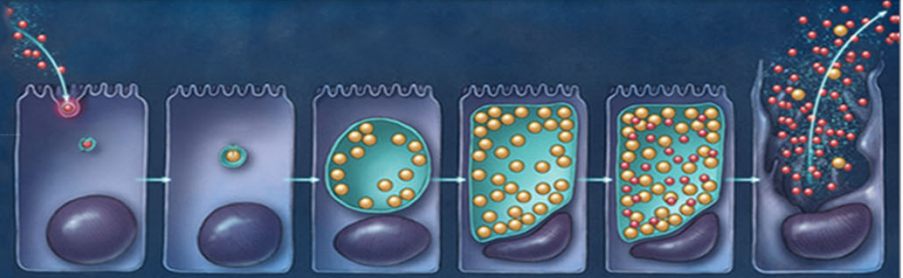
- Metronidazole 500 mg BID x 7 days preferred over single dose
- Alcohol + metronidazole? 
 - Metronidazole **does not** inhibit acetaldehyde dehydrogenase so no disulfiram reaction based on evidence review

2021 CDC STI Treatment Guidelines
Fjeld H, Raknes F. Tidssr Nor Laegeforen. 2014;134(17):1661-3.

National STD Curriculum

Contributors

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STD Modules

	<p>Chlamydia</p> <p>Chlamydia Self-Study CNE/CME Track progress and receive CE credit</p>	<p>Quick Reference ></p> <p>Rapidly access info about Chlamydia</p>	<p>Question Bank CNE/CME</p> <p>Interactive board-review style questions with CE credit</p>
	<p>Gonorrhea</p> <p>Gonorrhea Self-Study CNE/CME Track progress and receive CE credit</p>	<p>Quick Reference ></p> <p>Rapidly access info about Gonorrhea</p>	<p>Question Bank CNE/CME</p> <p>Interactive board-review style questions with CE credit</p>
	<p>HSV Herpes Simplex Virus (HSV)</p> <p>HSV Self-Study CNE/CME Track progress and receive CE credit</p>	<p>Quick Reference ></p> <p>Rapidly access info about HSV</p>	<p>Question Bank CNE/CME</p> <p>Interactive board-review style questions with CE credit</p>

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Pharmacology CE for advanced practice nurses is now available for some activities (as designated in the self-study module and question bank topic overview). **CNE**

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