SUBSTANCE USE DISORDERS AND HEALTH DISPARITIES AMONG BLACK SAME GENDER LOVING (SGL) MEN: A CLOSER LOOK AT ISSUES AND TRENDS

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# SAME GENDER LOVING

A term coined by African American Activist Cleo Manago in the early 1990s to describe gay or bisexual relationships in the AA community. Mr Manago felt that other terms such as (**BMSM**), gay, lesbian, and **queer** are not always appropriate in describing AA sexual identity

https://www.dictionary.com/e/gender-sexuality/same-gender-loving

## **LGBTQ+ COMMUNITY**

When compared with the general population, LGBTQ+ people have higher non-medical substance use, compared to the general population.Why? Let's Chat!!





#### SUBSTANCE USE DISORDER (SUD) IN THE BLACK SGL COMMUNITY

## Dependence Reroin Adverse Withdrawl Z Fatal Epidemic Depression 😓 Abuse 욿 OPIOID ( CRIS Jsay Communities D Injections ( Jsage Φ Addiction 2 Treatment **o** Policing **Antidote Families** 6 Drugs Doctors Political

Over **70%** 

of the nearly 71,000
drug overdose deaths in 2019
involved an opioid.

OVERDOSE DEATHS IN THE U.S.

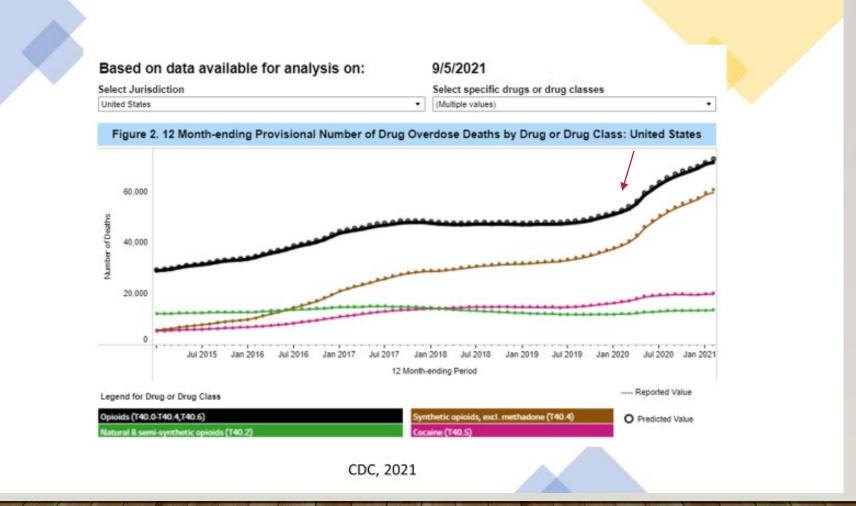
- Nearly 841,000 people have died since 1999 from a drug overdose.
- In 2019, 70,630 drug overdose deaths occurred in the United States (CDC, 2020)
- Among AA, 38% increase in OD deaths between 2018 and 2019 in 4 states (NIH, 2021)

## **OPIOIDS**

## **XYLAZINE**

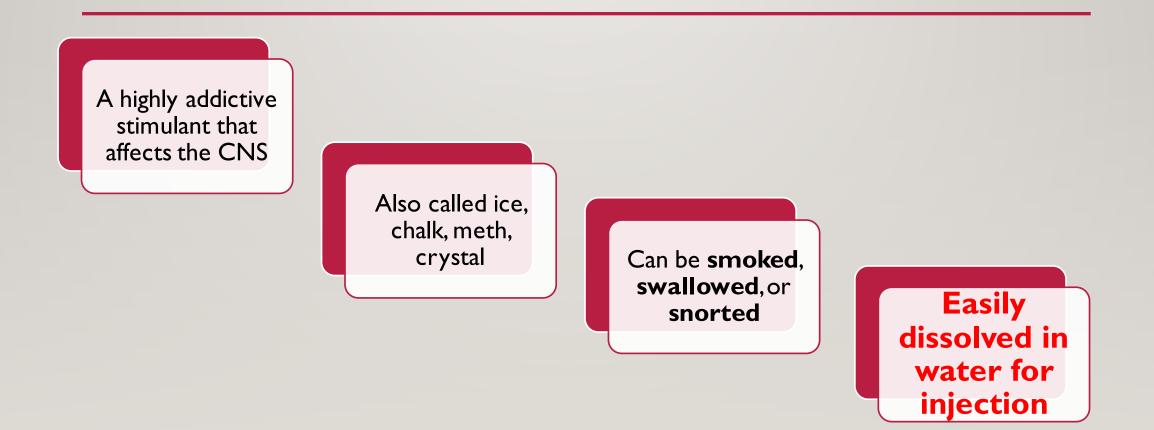
- Oxycodone (OxyContin),
- hydrocodone (Vicodin),
- morphine,
- Methadone,
- Codeine,
- Percocet
- Fentanyl
- Carfentanyl
- Heroin





## STIMULANTS

## **METHAMPHETAMINES**



National Institute of Health (2019). Methamphetamine Drug facts. Retrieved From:

## **CRYSTAL METH**

Crystal meth is a very strong form of meth

The differences between crystal meth and meth is the strength and appearance of the drugs

**Crystal meth is more potent than Meth** 

**Crystal Meth is more addictive (binge and crash)** 

The Recovery Village (2021) The Difference Between Crystal Meth and Meth? Retrieved? from

Photo by DEA

Crystal methamphetamine



# HEALTH RISK

## Hyppertention

Hepatitis C+





Endocarditis

**Dental issues (severe)** 

Neurological damage

**HIV/AIDS** 

**Overdose - Death** 

National Institute of Health (2019). Methamphetamine Drug facts. Retrieved From: https://www.drugabuse.gov/download/1076/methamphetamine-drugfacts.pdf?v=04b49969b52aade627329386a3e9d265

## END GAME (OVERDOSE-DEATH)



400 - 40 - 1200 W

a a

#### EXPLORING INFLUENCES ON METHAMPHETAMINE USE AMONG BLACK GAY, BISEXUAL AND OTHER MEN WHO HAVE SEX WITH MEN IN ATLANTA: A FOCUS GROUP STUDY



Participants unanimously agreed that methamphetamine use was increasingly prevalent among Black GBMSM in Atlanta (December 2019 and March 2020)

Participants described contributors to increasing methamphetamine use including **use as a sex drug, and the interrelated burdens of stress and mental illness, housing instability, geographic mobility and poverty**.

Participants described how policies prioritizing other concerns (e.g., HIV, opioids) seemed to limit resources available for methamphetamine prevention and treatment programming.

These trends impact health and well-being and undermine HIV prevention and treatment efforts.

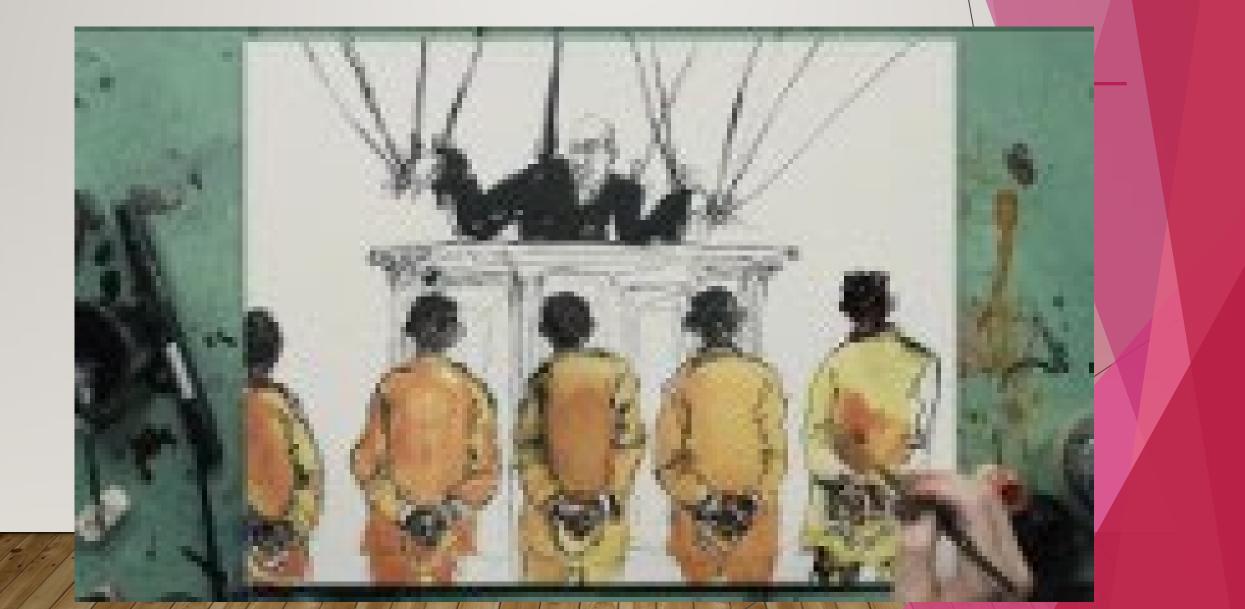
Hussen, et, al 2021 https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8380493/

TO ACHIEVE HEALTH EQUITY AND END THE HIV EPIDEMIC, THE NATION MUST OVERCOME

> RACISM, HOMOPHOBIA, TRANSPHOBIA, HIV-RELATED STIGMA, EXPLOITATION

THE CRIMINALIZATION OF SUD AND HIV

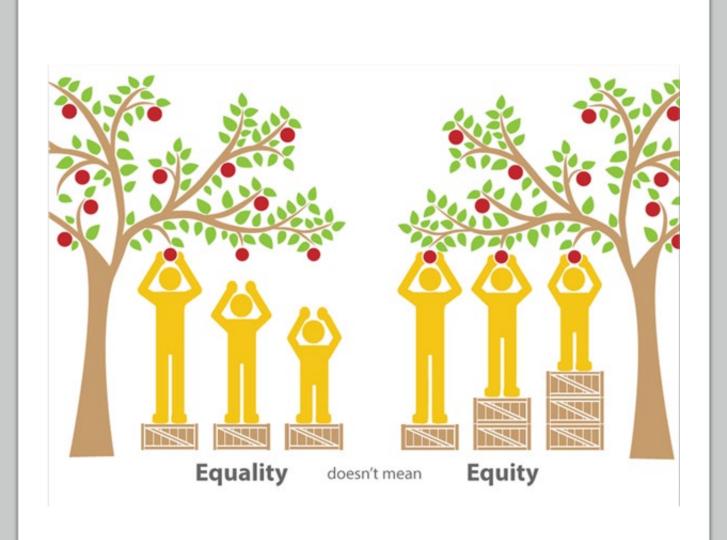
## THE WAR ON DRUGS – LET'S CHAT!



## HEALTH EQUITY

"Is the state in which everyone has a fair and just opportunity to attain their highest level of health"

(Centers for Disease Control and Prevention; October 2010)

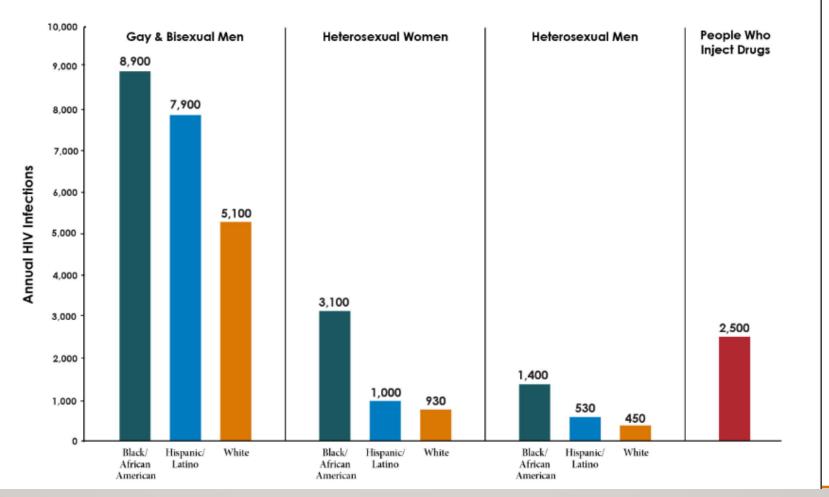


## HIV/AIDS IN THE SGL COMMUNITY AND THE ASSOCIATED HEALTH DISPARITIES (SYNDEMIC)

**HIV/AIDS** and **SUD** = Syndemic

#### NEW HIV INFECTIONS DISPROPORTIONATELY AFFECT BLACK GAY AND BISEXUAL MEN AND BLACK HETEROSEXUAL WOMEN

#### NEW HIV INFECTIONS BY RACE AND TRANSMISSION GROUP, 2019



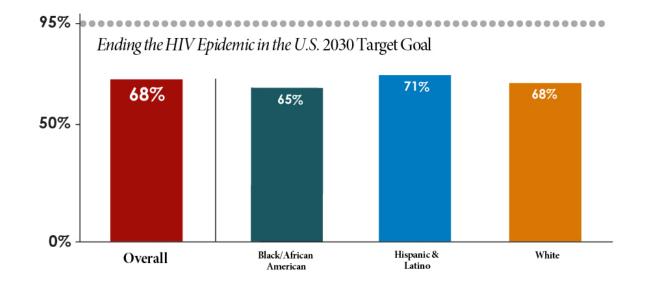
https://www.cdc.gov/nchhstp/newsroom/fact-sheets/hiv/black-african-american-factsheet.html

# PROJECTION

 According to the CDC (2017), If current HIV diagnosis in the US will be diagnosed with HIV during their lifetime rates continue, about 1 in 2 Black SGL men and 1 in 4 Latino gay men

#### IN 2020, JUST 65% OF BLACK PEOPLE IN THE U.S. WERE VIRALLY SUPPRESSED WITHIN SIX MONTHS OF DIAGNOSIS

#### VIRAL SUPPRESSION IN THE U.S. BY RACE/ETHNICITY, 2020 (46 JURISDICTIONS)



For more information, visit cdc.gov/nchhstp/newsroom



https://www.cdc.gov/nchhstp/newsroom/fact-sheets/hiv/black-african-american-factsheet.html



• Feeling stigmatized can reduce the willingness of individuals with SUD to seek treatment.

## STIGMA



• Stigmatizing views of people with SUD are common; this stereotyping can lead others to feel pity, fear, anger, and a desire for social distance from people with SUD.



• Stigmatizing language can negatively influence healthcare provider's perceptions of people with SUD, which can impact the care they provide



"....THIS IS NO TIME FOR APATHY OR COMPLACENCY. THIS IS A TIME FOR VIGOROUS AND POSITIVE ACTION."

MLK







## PREFERRED LANGUAGE

#### STIGMATIZED LANGUAGE

- Homosexual
- Sexual preference
- Gay lifestyle
- BMSM
- Special rights
- Tranny

#### PREFERRED LANGUAGE

- Gay persons
- Sexual orientation
- LGBTQ people and their lives
- Same gender loving
- Equal rights
- Transgender People

## TREATMENT AND SUPPORT

### Medication Assisted treatment (MAT)

- Buprenorphine
- Naltrexone
- Methadone (SAMSA, 2021)

## **Behavioral therapies**

- Cognitive Behavioral Therapy
- Minority Stress Model

12 Step (support)

• NA,AA,CA

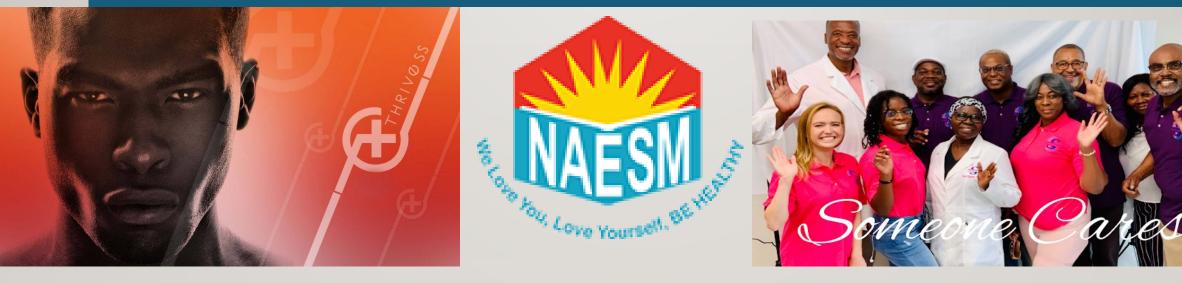
## MINORITY STRESS MODEL

- Offers a framework to understand sexual orientation and gender identity disparities
- Sexual and gender minorities face unique and hostile stressors
- These stressors have negative effects on their health



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## COMMUNITY ASSETS











• Still Reaching: The Syndemics that Complicate and Characterize How Drugs and HIV Intersect in People's Lives (NIH, 2023)

https://nida.nih.gov/about-nida/noras-blog/2023/05/still-reaching-syndemics-complicate-characterize-howdrugs-hiv-intersect-in-peoples-lives

• HIV and Black/African American People in the U.S. (CDC, 2022)

https://www.cdc.gov/nchhstp/newsroom/fact-sheets/hiv/black-african-american-factsheet.html

 Exploring influences on methamphetamine use among Black gay, bisexual and other men who have sex with men in Atlanta: A focus group study (HHS-2021)

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8380493/pdf/nihms-1728140.pdf

 Recovery Journey of Diverse Populations Using Design Thinking Methods for Practitioners and Policymakers (Bryant, et, al. 2023)

Recovery Journey of Diverse Populations-Published.pdf



Never send to know for whom the bell tolls (John Dun)n



#### BISHOP CARL BEAM: MINORITY AIDS PROJECT, UNITY FELLOWSHIP CHURCH

"Born This Way," an eventual LGBTQ anthem that later inspired Lady Gaga to write her own version of the song.

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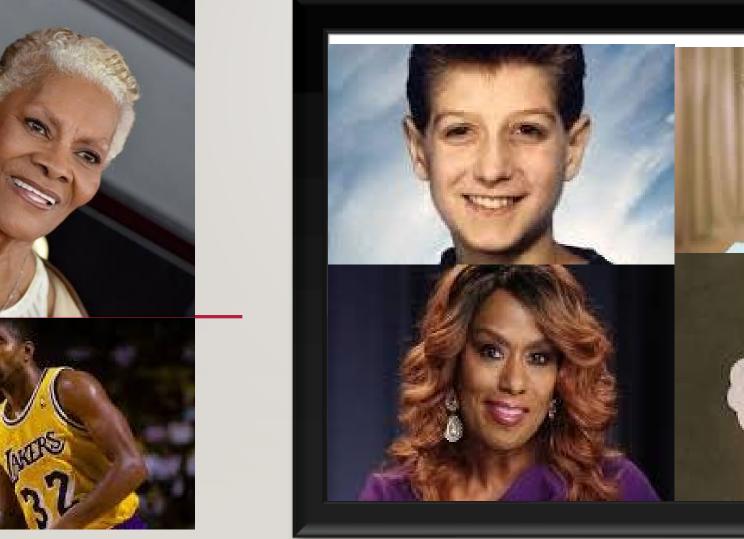
#### **P&P CONSULTING SERVICES**

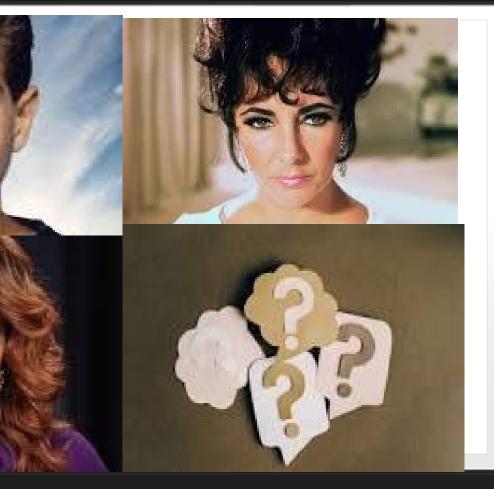
- 1. We provide education and training that affirm the dignity and worth of people living with HIV/AIDS
- 2. We provide training and consulting strategies that support recovery from substance use disorder, in particular, opioids, and stimulants.
- 3. We provide education and training on diversity, equity, and inclusion strategies that are evidence-based and efficacious for organizations, governmental agencies, and politicians.
- 4. We provide education and training on the health and wellness needs of Black LGBTQ+ people, including Black same-gender-loving men
- 5. We provide training and education on behavioral health strategies, especially as it is related to vulnerable populations.
- 6. We provide training on effective cultural competence/humility strategies.
- 7. We provide effective strategies for dealing with stigma, as it relates to SUD, behavioral health, and affirming language.
- 8. We provide lived experiences of people recovering from substance use disorder, mental health issues, and suicide ideation

#### **POPULAR WEBINARS**

- HIV/AIDS prevention strategies among Black Gay men
- Exploring Bisexuality
- HIV and Aging in the Black Gay community.
- Issues and Trends Among Aging LGBTQ+
- Homelessness and recovery in the Black gay community
- Diversity, equity, and inclusion, evidence-based strategies
- Addressing racism and homophobia in the Black gay community.
- Crystal meth use among Black gay men

#### **OUR HEROS**





# QUESTIONS/COMMENTS