Southeast AETC

Shelia Dunaway, MD Vanderbilt University



- Understand marked increase in the incidence of Syphilis and significance.
- Identify the stages of syphilis and recommended treatment.
- Identify symptoms of Neurosyphilis.
- Manage patients after treatment for syphilis appropriately - including identifying patients that require re-treatment or neurologic evaluation. O AETC AIDS Education & Training Center Program

1500s "The Great Pox"

- Spread from Italy & France throughout Europe
- Syphilis, or the French Disease "
 - Named from poem shepherd named Syphilus who offended Apollo & was punished
- The French called it "the Italian disease"
 - Dutch called it ... "the Spanish disease"
 - Russians called it "the Polish...."
 - Turks called it "the Christian...."
 - Japanese called it "the Portuguese disease"

[Tractatus & peffilentiali Scotra five mala & Pransos. Driginé Remediag einfoe cotinens. co. pilatus a venerabili viro Magifito Jofeph Grins pect & Burcthaufen. fuper Larmina queda Seba fitani Brannot. viriufgiuris pfefloris.



Sebastian Brandt's 1496 woodcut



Rapid spread in 16th century ■ 1767 John Hunter self —inoculation ■ Urethral pus containing Neisseria gonorrhoeae and T. pallidum ■ 2 diseases were considered same for some time ■ Mid-19th century, cause, epidemiology, and clinical manifestations of syphilis were well known Leading cause of neurological & cardiovascular disease in middle-aged people turn of 20th century



- Arsenic derivative "magic bullet"
 - Ehrlich in 1910
- Mercury and bismuth

Induced-fever therapy (malaria, heat box, hot baths)

- Julius von Jauregg
- Nobel Prize in 1927
 - Malaria to treat "paralytica dementia" (neurosyphilis)
- Penicillin
 - 1928 Alexander Fleming
 - Mold <u>Penicillium notatum</u>
 - Late 1940s available in sufficient quantities
 - 1943 US Public Health Service treated 1st patient with PCN



Brettman Collection. 1929.



- Tuskegee Syphilis Study
- 1932 until 1972 FORTY years



- ~600 African American men prospectively followed
 - 412 WITH syphilis, 192 without
 - US Public Health Service advised patients they were treating "for bad blood" – but NOT treated
 - Despite proven efficacy of penicillin by 1943
 - Participants offered transportation, hot meals, burial insurance
 - Advised the participants that multiple "back shots" (lumbar punctures) were "therapeutic"
 - 4 fold increase morbidity/mortality in untreated
 - Led to Belmont Report, establishment of National Human Investigational Board, and IRBs



National Archives. CDC.

Order Spirochaetales *Treponema pallidum*subsp. *pallidum*Slender, tightly coiled, unicellular, helical cells
5 to 15 nm long
0.1 to 0.2 nm wide

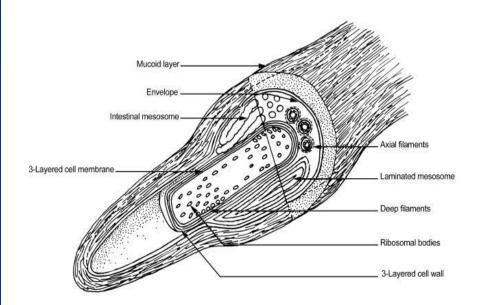
Ends of cells are tapered





cdc.gov/std/syphilis/images.htm

- Outer membrane containing relatively few surfaceexposed proteins
 - Hypothesis "stealth" by minimizing number of surface membrane-bound targets
- Genome lacks transposable elements
 - Genome is conserved
 - Remains sensitive to penicillin







T. pallidum penetrates intact mucous membrane or gains access through abraded skin
 Enters lymphatics or blood stream
 Disseminates throughout body -> w/in hours

- Any organ in body can be invadedCNS
- Divides ~ every \sim 30+ hours
- Incubation period directly proportional to size of inoculum
- Median incubation period 3 weeks

AETC AIDS Education & Training Center Program Southeast

Principles & Practice 7, In. Dis., 8th ed. Mandell, Douglas, and Bennett. CDC/Science photo library

Syphilis Transmission

Acquired

Sexual contact

- Most infectious early
 - Chancre, mucous patch, or condyloma latum
 - Decreased risk of infection w/ time
- Passage through placenta (congenital syphilis)

Close contact with active lesion

- Wet nurses
- Transfusion of fresh human blood
 - Blood donors tested for nontreponemal blood test
 - *T. pallidum* not survive >24 48 hours in blood bank storage

Accidental direct inoculation



Syphilis Transmission

Risk of developing syphilis after sexual contact 10-60% (average about 30%)

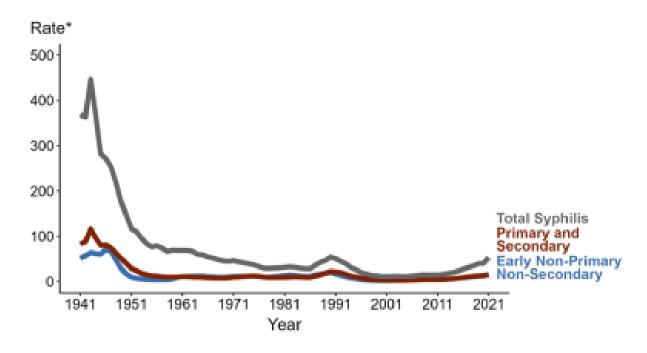
Highest risk with contact to early syphilis



Courtesy - C. Marra



Syphilis — Rates of Reported Cases by Stage of Infection, United States, 1941–2021

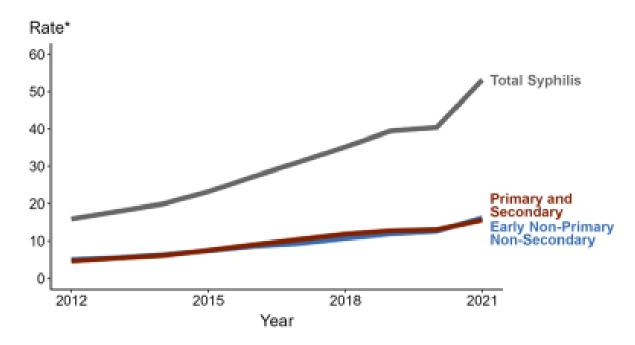




* Per 100,000



Syphilis — Rates of Reported Cases by Stage of Infection, United States, 2012–2021



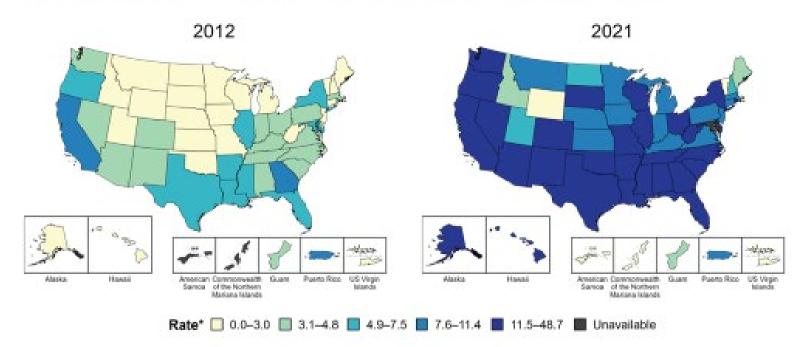


* Per 100,000

53



Primary and Secondary Syphilis — Rates of Reported Cases by State, United States and Territories, 2012 and 2021



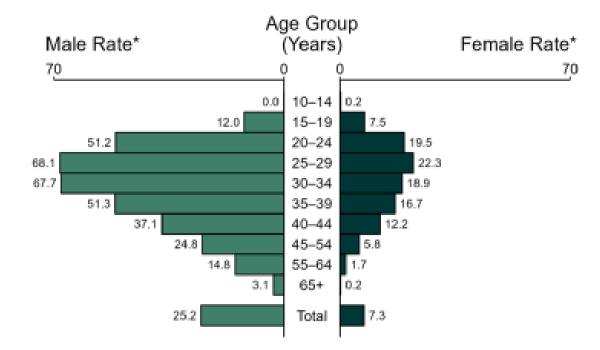


* Per 100,000





Primary and Secondary Syphilis — Rates of Reported Cases by Age Group and Sex, United States, 2021



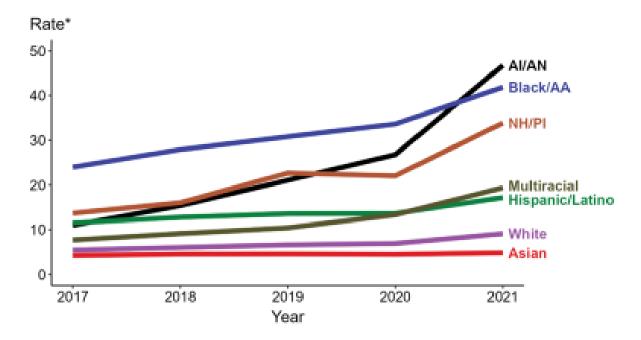


NOTE: Total includes all ages.

* Per 100.000



Primary and Secondary Syphilis — Rates of Reported Cases by Race/Hispanic Ethnicity, United States, 2017–2021



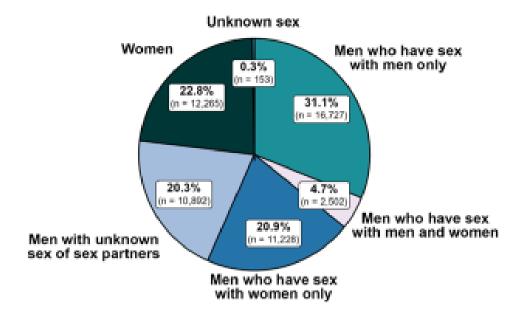


* Per 100,000

ACRONYMS: AI/AN – American Indian or Alaska Native; Black/AA – Black or African American; NH/PI – Native Hawaiian or other Pacific Islander



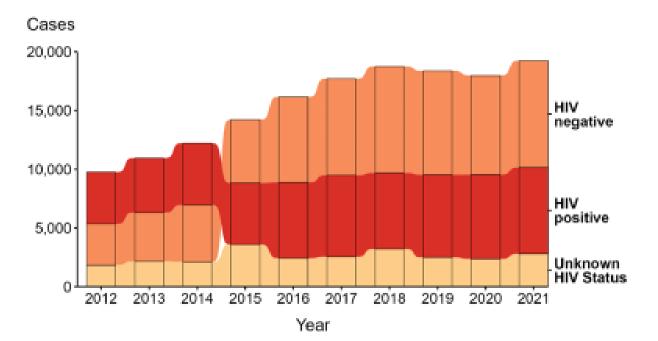
Primary and Secondary Syphilis — Distribution of Cases by Sex and Sex of Sex Partners, United States, 2021







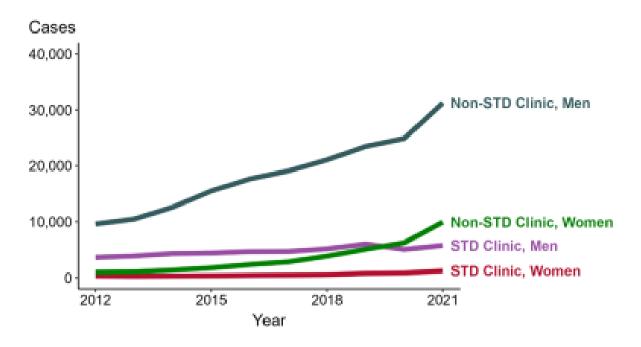
Primary and Secondary Syphilis — Reported Cases Among Men Who Have Sex with Men by HIV Status, United States, 2012–2021







Primary and Secondary Syphilis — Reported Cases by Reporting Source and Sex, United States, 2012–2021

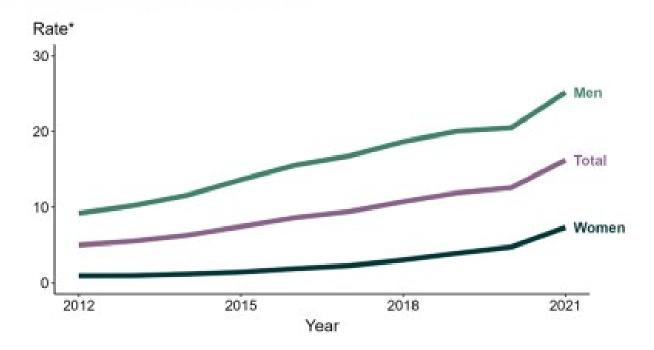




NOTE: During 2012 to 2021, the proportion of all male cases with unknown reporting source was 9.7%, from a low of 6.7% in 2014 to a high of 12.4% in 2018.



Primary and Secondary Syphilis — Rates of Reported Cases by Sex, United States, 2012–2021

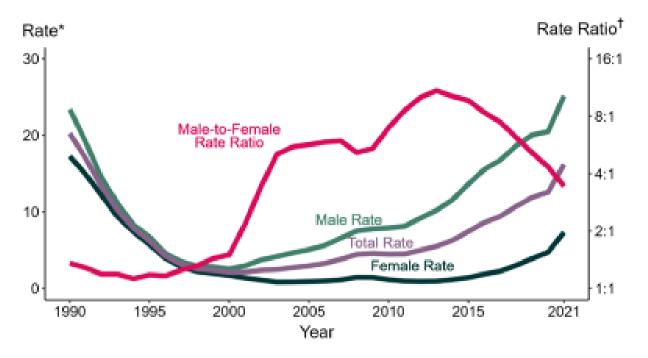




* Per 100,000



Primary and Secondary Syphilis — Rates of Reported Cases by Sex and Male-to-Female Rate Ratios, United States, 1990–2021





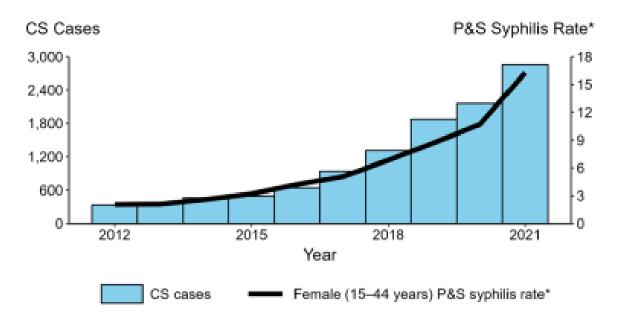
* Per 100,000 † Log scale

ale



Congenital Syphilis

Congenital Syphilis — Reported Cases by Year of Birth and Rates of Reported Cases of Primary and Secondary Syphilis Among Women Aged 15–44 Years, United States, 2012–2021





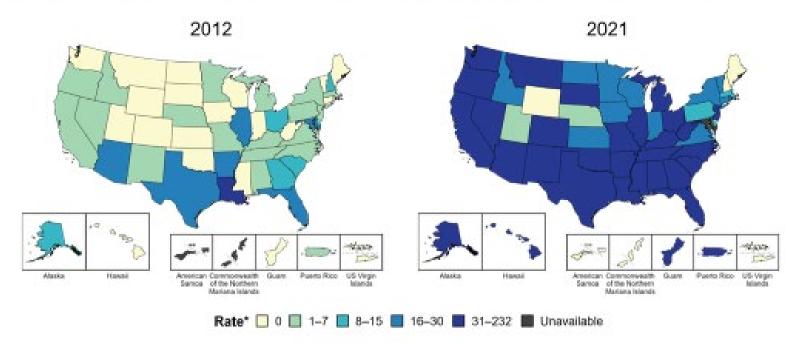
* Per 100,000

ACRONYMS: CS - Congenital syphilis; P&S Syphilis - Primary and secondary syphilis



Congenital Syphilis

Congenital Syphilis — Rates of Reported Cases by Year of Birth and State, United States and Territories, 2012 and 2021



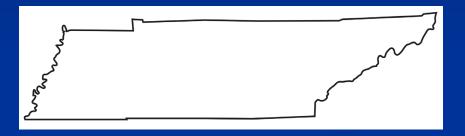


* Per 100,000 live births

Syphilis Rates

2017-2021

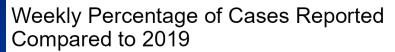
- Primary & Secondary syphilis
 - Rates up 72% US
 - Rates up 86% in Tennessee
- Congenital Syphilis
 - Rates up 219% in US
 - Rates up 288% in TN

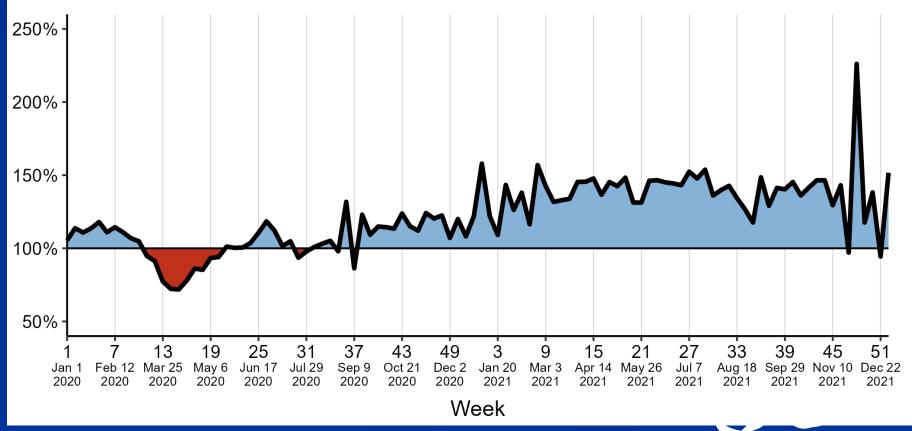






Syphilis & COVID





Division of STD Prevention, National Center for HIV, Viral Hepatitis, STD, and TB Prevention, Centers for Disease Control and Prevention

- Protean clinical manifestations
 - "The great imitator" or "the great impostor"
- Stages
 - Incubating
 - Primary
 - Secondary
 - Latent
 - Early latent </= 1 year
 - Late latent less infectious
 - Late or tertiary

Most patients control infection & do not progress to late disease

- Host develops intense immune response
 - Resulting inflammation responsible for clinical manifestations





Incubating Syphilis
 Median incubation period before clinical manifestations is 21 days
 Range 3 to 90 days
 Early spirochetemia develops
 Secondary invasion of virtually every organ

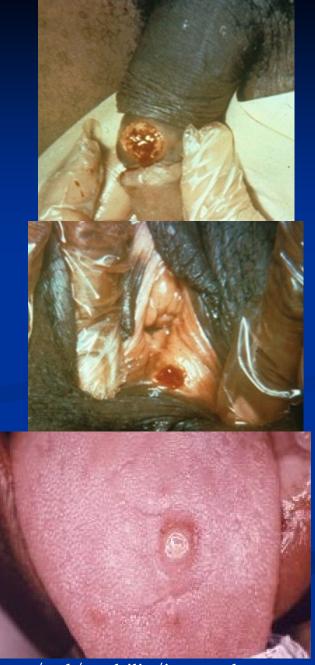




Primary Syphilis

- Primary lesion or chancre
 - 2- 6 weeks after exposure
 - Occurs at site of inoculation
 - Usually external genitalia
 - Cervix, mouth, perianal area, anal canal
 - Single painless ulcer
 - Multiple chancres can occur
 HIV

Regional lymphadenopathy
 Spirochetes easily demonstrated
 Heals spontaneously 2 - 8 weeks
 May persist for longer periods
 HIV-infected persons
 Manifestations of 2⁰ with chancre
 Especially in HIV+ patients



cdc.gov/std/syphilis/images.htm

Secondary Syphilis

2 to 12 weeks after contact

- Generalized condition
- Manifestations- widespread and protean
 - Parenchymal
 - Constitutional
 - Mucocutaneous
- Rash Non-pruritic macular, maculopapular, papular, or pustular lesions
 - Vesicular lesions absent
 - Except congenital syphilis
 - Trunk & proximal extremities
 - Persist few days to 8 weeks

Palms and soles

- Patchy alopecia
- Thinning/loss of eyebrows/beard







Secondary Syphilis

Condylomata lata

- Painless, broad, moist, gray-white to erythematous, plaques
- Warm, moist intertriginous areas
- Highly infectious

Mucous patches

- Painless lesion on mucous membranes
- Silvery gray, superficial erosion with red periphery
- Highly infectious
- Not painful
 - Unless superinfected





Secondary Syphilis

Constitutional symptoms

- Low-grade fever & Malaise
- Pharyngitis/Laryngitis
- Anorexia/weight loss
- Arthralgias
- Generalized painless LAD
 - Enlarged epitrochlear LN

CNS

- 40% involved
- Headache and meningismus
- Increased CSF protein & lymphs
 - Spirochetes isolated from CSF with no CSF abnormalities
- CN involvement
- Syphilitic paraplegia (Erb's/brachial plexus)
- Amyotrophic meningomyelitis

Renal involvement

- Immune-complex glomerulonephritis
- Proteinuria
- Acute nephrotic syndrome
- Gastrointestinal tract
 - Infiltrated and/or ulcerated lesions
 - Syphilitic hepatitis
- Anterior or pan-uveitis
 - Worse with steroids
- Synovitis, osteitis, and periosteitis



Latent Syphilis

Latent period

- Secondary stage subsides no symptoms
- Diagnosis only by obtaining positive serologic test
- Early latent
 - Relapses possible
 - 90% of relapses occur within 1st year
 - Usually consequence of dysfunction in cellular immunity

■ Late latent

Relapses very unlikely



Late Syphilis/Tertiary Syphilis

Slow progressive, inflammatory disease - over years

- Neurosyphilis
- Cardiovascular syphilis
 - Aortitis with a saccular aneurysm
 - Aortic regurgitation and coronary artery stenosis
- Gummatous syphilis
 - Nonspecific, granulomatous-like lesion
 - Skeletal, skin, and mucocutaneous
 - Single or multiple, variable size
 - PCN- rapid and dramatic response
- Leuetic osteitis
 - Moth eaten appearance on X-ray



Congenital Syphilis

Infection of the fetus in utero can occur at any stage of infection
 Early syphilis most common

Late abortion
Stillbirth
Neonatal death
Neonatal disease
Latent infection



Congenital Syphilis

- Normal exam
- Rhinitis (snuffles) Earliest sign
- Diffuse, maculopapular, desquamative rash
 - Palms & soles
 - Vesicular rash/bullae
- Splenomegaly, anemia, thrombocytopenia, and jaundice
- Osteochondritis and perichondritis or periostitis
 - Saddle nose
 - Anterior bowing or "saber shin"
- Eighth-nerve deafness
- Necrotizing funisitis
 - Inflammatory process involving umbilical cord
- Hutchinson's teeth











www.cdc.gov/congenital-syphilis.html

Neurosyphilis

Can occur at any stage Asymptomatic neurosyphilis Syphilitic Meningitis Menigovascular Syphilis Thrombosis, Ischemia, infarction Stroke in young person ■ Middle Cerebral Art most common – 66% Parenchymatous - Late General paresis, Tabes dorsalis Ocular Otic, Vestibular





Neurosyphilis Ocular

- Can occur at any stage
- Anterior uveitis, iritis
- <u>Posterior uveitis</u>, chorioretinitis
- <u>Panuveitis</u>
- Worse with steroids
 Interstitial Keratitis
- Interstitial Keratiti
- Retinal vasculitis
- Optic neuropathy

Late

- Argyll Robertson pupil
 - Small bilateral pupils
 - Do not react to light
 - Constrict with accommodation
- Optic atrophy
 - Peripheral proceeds to central
 - "Gun barrel" sight



Neurosyphilis Otosyphilis

Sensorineural hearing loss Unilateral or bilateral ■ May have sudden onset, progress rapidly **Tinnitus** Vertigo Need to evaluate for ocular, CNS involvement CN VIII (Vestibulocochlear nerve)



Neurosyphilis

Clinical Suspicion

- Screen all patients with syphilis
- Perform neurologic exam

Spinal Fluid Examination – Lumbar Puncture

- Neurologic, ophthalmologic, otic symptoms
- Evidence of tertiary syphilis
- Treatment failure
- HIV infection
 - Higher risk of Neurosyphilis
 - RPR ≥ 1:32
 - CD4 <u><</u> 350

Detectable HIV RNA or not on antiretrovirals



UpToDate. Neurosyphilis. Christina Marra

Neurosyphilis

Study evaluated patients with risk for NS

- RRP > 1:32 or
- CD4 </= 350
- No neuro symptoms
- Randomized to LP vs no LP
- 2/3 Cognitively impaired @ baseline
- Cognitive impairment 3.8x w/ CSF pleocytosis
- Patients treated less cognitive decline vs non-treated



Davis, et al. Plos One. 16(7).2021



Who should be tested? ("Everyone")

Men

- >/= annually, sexually active*
 MSM
- Every 3 6 months if at increased risk
- Male younger than 29 years
- Increase risk

Women

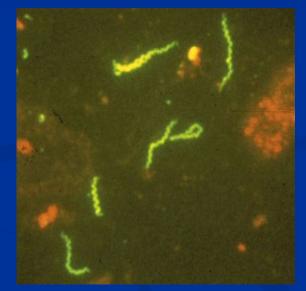
- Screen asymptomatic women at increased risk
- Pregnant women at 1st prenatal visit, retest at 28 wks & delivery if increased risk

- People living with HIV
 - Sexually active, screen at 1st visit, and at least annually
- Increased Risk (CDC)
 - H/o incarceration
 - Transactional sex work
 - Geography
 - Race/ethnicity
 - Male < 29 yo
 - MSM
 - * sexual hx

Syphilis Diagnosis Direct examination

Not cultivable

- Rabbits not develop 2⁰, Neuro
- Darkfield microscopy
 - Moves with drifting rotary motion
 - Characteristic undulating movement about center -Corkscrew motility
 - Not on oral specimen not able to distinguish *T. pallidum* from other nonpathogenic treponemes





C. Marra, N. Barg, MD, S. Lukehart, PhD

Syphilis Diagnosis

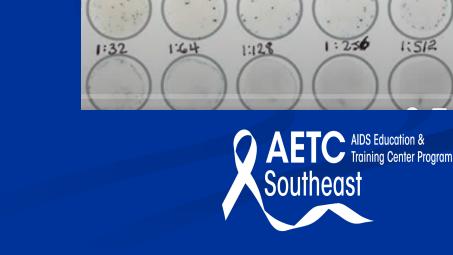
Serologic Tests

- *Nonspecific* nontreponemal reaginic antibody
- *Specific* anti-treponemal antibody
- To establish a diagnosis of syphilis, the two types of serologic tests are used together



Syphilis Diagnosis Nontreponemal Reaginic Tests NO.

- IgG/IgM antibodies ■ Interaction of host tissues w/ T. pallidum
- RPR
- VDRL used CSF
- Prozone phenomenon
 - Ab excess High titer
 - Prevents agglutination
 - False negative
- False positives



ADE IN USA

1:

8mm Test Card

1:2

TEST CARD

TEST CIRCLE ONLY ONC

: 8

Use each test area once and discard

DO NOT TOUCH TESTING SURFACE WITH FINGERS

1:4

18mm CIRCLE

1:16

1:512

Syphilis False Positive Non-treponemal Test

- Parenteral drug use
- <u>Autoimmune or connective tissue</u> <u>diseases</u>
 - Lupus
- Aging
- Hypergammaglobulinemic states
- <u>HIV co-infection</u>
- <u>Pregnancy</u>
- Mycoplasma pneumonia
- Lyme disease
- Measles
- Leptospirosis

- Chickenpox (Varicella)
- Relapsing fever
- Lymphogranuloma venereum
- Ratbite fever (Spirillum minor)
- Hepatitis (especially Hepatitis C)
- Leprosy
- Infectious mononucleosis
- **Tuberculosis**
- Pneumonococcal pneumonia
- Blood transfusions (multiple)
- Malaria
- Trypanosomiasis



Syphilis Diagnosis

Specific Treponemal Tests

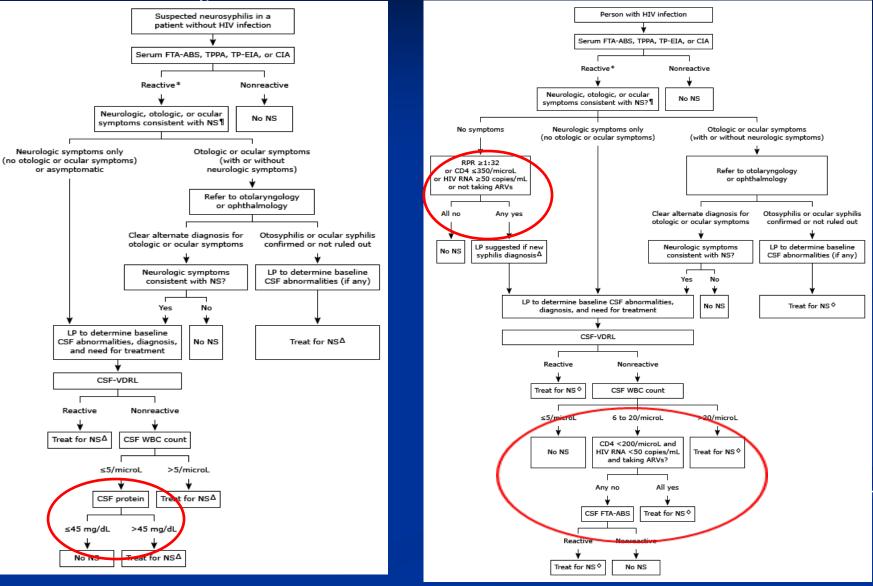
- Antibodies against specific *T. pallidum* antigens
- FTA-abs
- *T. pallidum* agglutination tests
 TPHA and MHA-TP
- TP- EIA
- Once positive, patient positive for life
 - Rare primary diagnosis may revert after 2-3+ years



Neurosyphilis

HIV negative

PLWH



UpToDate. Neurosyphilis. Christina Marra

Early (primary, secondary, or early latent)

- Penicillin G <u>benzathine</u> 2.4 mu IM once
- Doxycycline 100 mg po BID x 14 days

Late

- Penicillin G <u>benzathine</u> 2.4 mu IM q wk x 3
- Doxycycline 100 mg po BID x 4 weeks

Neurosyphilis

- Penicillin G 24 million units/day x 10 14 days
- (Penicillin G <u>procaine</u> 2.4 mu IM daily plus probenecid 500 mg QID x 10 14 days)
- Ceftriaxone 2 g IV QD x 10 -14 days





Drug Shortage

- Benzathine Penicillin Bicillin
 - Shortages
 - Increased demand due to syphilis
 - Shortages in amoxicillin

Procaine penicillinNot being manufactured



Monitoring response to therapy RPR should fall by 4 fold (2 levels i.e. from 1:16->1:8 -> 1:4) ■ 6 and 12 months for early syphilis ■ Rise of 4 fold Indicate new infection ■ Lack of response Neurosyphilis Neurosyphilis Repeat LP (a) 3, 6, 12 months CSF WBC should normalize @ 6 months AE CSF VDRL decline 4 fold or NR by 2 years after



- Jarisch-Herxheimer Reaction
 - Systemic reaction resembling gram-negative sepsis
 - 2+ hours after initial treatment of **syphilis**
 - Fever, chills, myalgias, headache, tachycardia, hyperventilation, vasodilation with flushing, and mild hypotension.
 - Duration 12 to 24 hours
 - Reaction is self limited
 - Prevent/treat with anti-inflammatory



Rates increasing – men, women, babies Need to increase screening Prevent infections Better access to care Ensure screening for neurosyphilis ■ Lumbar punctures, ophthalmologic, ENT ■ Treatment **Treatment**

Need to ensure PCN therapies available Southeast

AIDS Education & Training Center Program

- Understand marked increase in the incidence of Syphilis and significance.
- Identify the stages of syphilis and recommended treatment.
- Identify symptoms of Neurosyphilis.
- Manage patients after treatment for syphilis appropriately - including identifying patients that require re-treatment or neurologic evaluation. O AETC AIDS Education & Training Center Program

Questions?

Thank you



New patient - 24 yo man presents w/ complaints of mild headache x 2 wks, feeling "like in a brain fog", has some flashes of light in peripheral vision, and tinnitus. No travel, no known sick contacts, no pets. 3 new male sexual partners in past 6 mos. and reports a lesion on his penis that selfresolved without treatment $\sim 2 \text{ mos prior.}$

Best option for management at this time?

 A. Admit to the hospital for IV PCN.

 B. Draw Trep pallidum IgG/RPR and treat based on lab results.

 C. Give doxycycline 100 mg BID x 4 weeks.

 D. Draw serology labs and refer for LP, optho and ENT eval.

Best Answer D:

- With neurologic symptoms and likely syphilis diagnosis, would refer for LP, Ophtho, and ENT evaluation.
- With high suspicion treat with benzathine.
- Draw treponemal antibody/RPR. Need to know prior lab testing/treatment.

If prior lab testing not available, can contact Health Dept.

- 56 yo man new to clinic.
 Screening labs drawn, positive TP Ab and neg RPR.
- Call patient to discuss no history of prior syphilis diagnosis, symptoms, treatment.
 Repeat labs, TPPA +

- A. Treat for primary syphilis
- B. Likely false positive and no treatment indicated.
- C. Treat for late latent syphilis.
- D. Schedule LP due to symptoms and no prior treatment.

C.

- Treat for late latent syphilis (if reliable can wait).
- Treponemal antibody specific for syphilis
- Likely prior infection RPR titer has waned over time.
- Treat for late latent due to unknown duration.
 - Get more history.
 - If patient had prior testing, should be available through Health Dept.
- RPR NR, so do not need (can't) follow lab response.

22 yo man for routine f/u. He requests STD screening "just to be sure". No new partners. No lesions, rashes, headaches, urethral d/c, rectal pain, ocular or auditory symptoms. PE normal. Labs: TP Ab +. H/o syphilis 2 yrs prior w/ + TP Ab & RPR =1:256 Tx'd w/ benzathine PCN 2.4 mu IM q wk x 3 (no prior

testing, late latent syphilis).

 Date
 RPR titer

 06/2022
 1:256
Tx'd w/ Benzathine PCN

 12/2022
 1:32

 06/2023
 1:4

 12/2023
 1:2

 06/2024
 1:4

- A. Treat with benzathine PCN 2.4 mu IM x 1
- B. Refer for neurosyphilis eval due to persistent RPR titer
- C. Advise patient he still has syphilis and should contact his partners
- D. Advise patient he has been treated and no further evaluation is indicated.

D. No treatment Persistent RPR titer – serofast. \blacksquare Up to 1/3 in HIV \blacksquare < 4x decline in titers ■ Treatment failure Poor adherence with treatment ■ Treatment with an alternative agent Immunocompromised status Undiagnosed central nervous system disease ■ Re-infection ■ Antibody titers <1:8 less likely to have fourfold decline